



**FCNIG** Faith Community Nursing Interest Group



# Annual Report 2024

### Goal

To act as the voice and forum for specialized areas of the nursing profession. FCNIG supports and encourages the ministry of parish nurses in their wholistic practices.



Registered Nurses' Association of Ontario L'Association des infirmières et infirmiers autorisés de l'Ontario

# **Table of Contents**

Agenda of FCNIG AGM	Page 3
President's Report	Page 4
Past President's Report	Page 6
FCNIG Executives (2024-2025)	.Page 7
Financial Report	.Page 8
Membership Report	. Page 9
Policy and Political Report	. Page 10
Communication Report	. Page 12
Student Representative Report	Page 14
Minutes of 2023 AGM	Page 15

# **Annual General Meeting Agenda**

### FCNIG Annual General Meeting January 18, 2025 12:00 pm – 3:00 pm EST

Webinar:

https://us02web.zoom.us/j/89227646652?pwd=c1sFQDJoWbw8N1eBblzG8VYMYaaxKK.1

Meeting ID: 892 2764 6652

Passcode: 310829

### 1.0. AGM Business

- 1.1. Welcome and Opening Prayer
- 1.2. Approval of Agenda
- 1.3. Approval of Minutes for 2023 AGM
- 1.4. President's Annual Report
- 1.5. Past President's Report
- 1.6 Financial Report
- 1.7. Membership Report
- 1.8. Policy and Political Action Report
- 1.9. Communication Report
- 1.10. Student Report
- 2.0. Keynote Speakers: Michelle O'Rourke
- 3.0. Members' Voices (Each person has 2 minutes to speak)
- 4.0. Closing Prayer
- 5.0. Adjournment



# President's Report

As the president of FCNIG, I provide mentorship and support FCNIG members as you assume executive positions within FCNIG. I produce Members' Voices reports to share the amazing work that our members do. I am a Nurse Practitioner (NP) who provides primary care services to residents at Fairview Lodge Long Term Care. I represent FCNIG at RNAO meetings including RNAO assembly, RNAO annual general meeting (AGM), and Queen's Park Day, as well as in the public and the media. I serve you by disseminating information on educational events and resources to support your practice as parish nurses. In addition, I liaise with the Canadian Association for Parish Nursing Ministry (CAPNM) by being an active member of their Research and



Standards Committees. I connected with Mary Lynne Knighten who is a Faith Community Nurse (FCN) and President of the Faith Community Nurses International (FCNI) based in the United States of America. FCNI has an online toolkit for FCNs which include resources on Advance Care Planning, End-Of-Life, Aging and Elder Care, Mental and Behaviour, Fall Risk Prevention, and many other valuable resources for FCNs. Please visit the FCNI website to learn more (https://www.fcninternational.org/Practice-Toolkit).

On June 22, 2024, FCNIG executives held an informal meeting during the RNAO annual general meeting (AGM) and a virtual meeting on September 13, 2024, to discuss the planning of the upcoming FCNIG AGM. Please save the date (Saturday January 18, 2025) for our FCNIG AGM, which will be virtual. It will provide an opportunity for you to network and participate in the presentation by a renowned Bible scholar, Michelle O'Rourke. I attended the RNAO Interest Group Chair meeting held virtually on October 10, 2024. The next Queens' Park Day (QPD) at the Legislative Building will be on Thursday February 27, 2025. Please save the date for the next RNAO AGM (100<sup>th</sup> year anniversary of RNAO) that is scheduled for May 3, 2025.

FCNIG is looking for members to assume Executive Network Officer (ENO) positions. FCNIG members will be supported by mentors as well as the RNAO Home office. The ENO positions to be filled are: Chair (President), Finance ENO, Membership ENO, Communications ENO, Social Media ENO, and Policy and Political Action ENO. Individuals who are currently filling these ENO positions are serving an additional term of one year.

### Proposed goals for 2025

The proposed goals for 2025 include increasing our revenue and membership numbers, advancing our Interest Group (IG) profile through Social Media platforms, and developing

best practice guidelines for spiritual care. We continue to make it free for students to join FCNIG.

I appreciate all you do as FCNs and I am proud to be part of FCNIG!

### Respectfully submitted on December 29, 2024

Ola Babalola, Nurse Practitioner- Primary Health Care, MN, BScN, Critical Care Nursing

# Past President's Report

### Highlights for 2024

- On the board of Interchurch Health Ministries Canada, (ICHM) where I have served as the Parish Nurse (PN) resource for last three years. After 30 years of service supporting PN and church health ministry ICHM Canada will dissolve operation as of December 31,2024.
- ICHM AGM was held October 23,2024 Director of Engagement Bryana Rusell from Sanctuary Mental Health Ministries (SMHM) was key note speaker on the launch of the youth mental health series .
- Continue on SMHM advisory panel as PN/ FCN advisor. SMHM mission is to equip and support churches with free resources that integrate theology and mental health. Recently submitted an article on How Faith Community Nurses Can Support Holistic Health. https://sanctuarymentalhealth.org/2024/11/22/how-faith-community-nurses-can-support-holistic-health/
- Attended Virtual International Westberg Symposium April 2024 and presented at Westberg FCN World Forum on behalf of ICHM Canada, and SMHM.
- Hold membership in RNAO FCNIG, RNAO MHNIG, CAPNM, and Spiritual Care Association
- Attended Westberg International Symposium April 2024, and provided updates on the work of ICHM and SMHM.
- Attended the online Church Mental Health Summit Oct 10, 2024. This was a one-day virtual event that equips the local church to support mental health in their communities, congregations, and leaders.

Blessings,

Anne-Marie Mohler, RN, PN/FCN

# Board of Directors 2024 - 2025

President	Ola Babalola
Past President	Anne- Marie Mohler
President Elect	Vacant
Secretary/Financial ENO	May Tao
Communications ENO	Michelle Solomon and Maria A. Lippa
Membership ENO	Lily Cugliari-Kobayashi
Policy & Political Action ENO	Dot Klein
Student ENO	Khalila Campbell-Fagan
Regional Representatives	
Region 6	Lily Cugliari-Kobayashi/Mariassunta Lippa
Region 7	Gloria Wiebe
Region 9	Jeanne Lambert
Region 11	Dot Klein

<sup>&</sup>quot;"Prayer is not the least we can do for someone; prayer is the most we can do." –Unknown.

# Financial Report

I am pleased to report that the Faith Community Nursing Interest Group (FCNIG) continues to be in a stable financial position. The financial summary below provides a detailed breakdown of the revenue and operating expenses for the fiscal year from October 18, 2023 to January 3, 2025.

Financial Summary-October 18, 2023 to January 3. 2025			
Bank of Montreal (BMO) Chequing Account	\$10,456.45		
Balance (as of October 18, 2023)			
RNAO Membership Fees	\$2,490.00		
Total Revenues + Carryover Balance	\$12,946.45		
Expenses			
Zoom account	\$468.84 (2023 and 2024)		
CAPMN Membership	\$270.00		
CAPMN Support	\$500.00 (2024 and 2025)		
IFCN Membership	\$70.28		
Stamps	\$10.40		
Projector	\$418.09		
AGM speaker	\$200.00		
Food	\$335.00		
Hotel and Travel expenses	\$648.74		
Total Expenses	\$2,921.35		
Bank Balance as of January 3, 2025	\$10,025.10		

The expenses were higher than last year. Most expenses are from attending the RNAO AGM (Hotel and Travel expenses=\$648.74). As well, we purchased a projector (\$418.09) for the use of in person meetings. In long term, we will save money because we don't have to rent the projector for our meetings.

In summary, FCNIG has been fiscally responsible in managing funds effectively to ensure expenditures are well within budget and the allocation of bursaries to support members in professional development. The FCNIG Executive will continue to oversee routine financial processes throughout the year, including the development and monitoring of the annual budget. In closing, I would like to thank the FCNIG Executive for their support and guidance throughout the year.

Respectfully Submitted May Tao

# Membership Report



# Policy and Political Action Report

I attended Queen's Park Day and the RNAO meeting for Chapter and Interest Group PPANs the following day (Feb 27-28-29, 2024). A Nursing student from Sault St Marie College BSCN program joined me as he was doing an assignment on advocacy in health care. He and his wife had immigrated to Canada, settled in Northern Ontario, and now have 2 young boys. They are from Bangladesh. His wife is also in the BSCN program and hope to stay in Northern Ontario although they struggle with our northern climate. Mohammed Tanvir Ahmed was thrilled for the opportunity to attend Queen's Park Day with the RNAO and to experience advocacy in action in his chosen country. He and his wife had become Canadian Citizens in 2023. He volunteered to speak to the RNAO during Members Voices on Feb 29/24 to express his gratitude for this experience. He got a standing ovation.

I worked with the RNAO Algoma Chapter Resolution Committee (RNs and NPs along the north shore of Lake Superior) to present an RNAO resolution to the RNAO membership of 51,650 at the 2024 RNAO AGM in June 2024. The resolution was unanimously accepted. My involvement was as the FCNIG PPAN ENO and Region 11 Representative. Most of our committee were members of the Indigenous Nurses and Allies Interest Group (myself included). The resolution called for "RNAO members to support advocacy to inform municipal, provincial and federal governments on health concerns of residents and front-line Registered Nurses, Nurse Practitioners and nursing students practicing and living in Northern Ontario. RNAO to support diverse, equitable and accessible health care services in Northern Ontario and remote communities to decrease the gap in health outcomes so that the transition from sector to sector, service to service results in seamless, publicly funded health care in Northern Ontario and remote areas. Be it further resolved that RNAO members support advocacy to municipal, provincial and federal governments for adequate funding for nursing students and newly graduated nurses wanting to work in northern, remote and underserviced areas supported by a mentorship program consisting of knowledgeable, professionally active Registered Nurses experienced in Northern Ontario, remote and underserviced health care systems. "

Because most RNAO members are unfamiliar with the geography and population mix of Northern Ontario, I set up an information booth with statistical data about Northern Ontario. All the RNAO chapters of NW Ontario took the microphone at the AGM in June 2024 to give an emotional plea to the RNAO members attending to accept this resolution. When the final vote came, there were no objections.

I am presently working with the Algoma Chapter again to work on a "follow up" RNAO resolution to be presented at the RNAO AGM 2025 in May 2025. This resolution will focus on the need for NP led family practices in northern Ontario fully and adequately funded by the public health care

system. The resolution will also focus on the need for RNs and NPs to be educated and trained in administration and reporting of public funds to ensure transparency of the use of public resources and tax dollars.

Resolutions must be written in parliamentary style and must not exceed 1 page with an additional page that gives a short background and references pertaining to the resolution.

We are very pleased with the public and the political up take of our RNAO resolution. We are now expecting a federal election and possibly a provincial election this year. All of our committee and friends have been making all municipal, provincial and federal politicians aware of the health care and social concerns in Northern Ontario and the support we have from 51,650 RNAO members. We hope to have the support of 54,000 plus RNAO members for our 2025 RNAO resolution. I am proud to represent FCNIG on this committee and proud to have the resolutions focus on advocacy for wholistic health care for all Ontarians.

My parish nursing/faith community nursing ministry has led me into a stronger and more prominent role in advocacy for an equitable, accessible and affordable health care system for Northern Ontario (3/4 of the geography of Ontario with over 900,000 population and a specific history and culture that needs to be recognized and respected in our Ontario public health care system.

If there is a member of the RNAO FCNIG who would like to have experience with the PPAN ENO position, I would be pleased to mentor them. It is critical for RNs and NPs to stand up, take our place at the "table" and speak up for Nurses and Nursing. We have to speak up federally, provincially and in our municipals and communities. I submit articles to our local newspaper and am a member of the Ontario Health Coalition and speak on their behalf on health care and health care workers. We are all in this together. Together we accomplish our common goals.

#### Dot Klein RN BScN

Graduate of the Parish Nurse Foundation Plus Program at St Peter's Seminary 2019 RN Emeritus (RNAO designation)

61 years in the nursing profession and continuing to practice professionally.

## Communication ENO Report

The Executive Network Officer (ENO) for Communications, helps to spread the word about our association and our colleagues in nursing. By engaging the media, social media, and other platforms we can promote our interest group events to ensure that our voices as Faith Community Nurses are heard - "Speaking out for Health, Speaking out for Parish Nursing."

This was my second year as the Communication ENO of the Faith Community Nursing Interest Group (FCNIG). From October 2023 to October 2024, we focused on sharing events and information with our members that were organized through our broader networks, including the Canadian Association of Parish Nursing Ministry (CAPNM), InterChurch Health Ministries (ICHM), and Faith Community Nurses International (FCNI).

This next year, 2025, through social media and storytelling, I would like to continue illuminating the great work of faith community nurses in our province, including plans to advance nursing policy, practice, and research in spiritual care. Additionally, we would like to help bring more meaningful content to our members (including information, networking events, educational opportunities, etc.), that support the members' needs expressed in the 2023 'Pulse Survey'. Hopefully, this strategy will help guide both the professional and personal growth of our members.

I would like to take this opportunity to share that, by the grace of God, I successfully completed my PhD in Nursing from Western University in December 2024. I look forward to mentorship and teaching opportunities to promote spiritual health in mental health care.

Over the next term, through 'Letters to the Editor' or other communication formats, I plan to represent FCNIG more publicly by asserting the importance of spiritual health and sharing the knowledge of our faith community nurses in response to current issues affecting our community. Furthermore, I look forward to sharing with the world, moments of connection, learning, and insights from FCNIG that teach us how to love each other and ourselves.

#### **Activities of 2024**

November 25, 2023, FCNIG's AGM was held, "Wholistic Health Across the Lifespan: Taking Care of Ourselves and Others." We focused on caring for the spirit, ourselves, and one another across the lifespan! We had a guest speaker, Claudia Janiszewski, PhD Pharmacist who presented on "Immunization Across the Lifespan" and I was able to share my PhD dissertation, "A Picture of

Spirituality in Youth Living with Bipolar Disorder", focusing on the evolution of spiritual identity in youth.

April 5, 2024, Sent a mass email and Instagram, Facebook Posts for CAPNM's annual conference "Curious Compassion: The Spiritual Connection to Soften Illness Suffering" that was held from April 30-May 2.

April 8, 2024, Attended a "Letter to the Editors" Presentation by RNAO's communication department.

April 30-May 2, 2024, Attended the Canadian Association of Parish Nursing Ministries (CAPMN)'s annual conference with keynote speaker Dr. Lorraine Wright on the topic of "Curious Compassion: The Spiritual Connection to Soften Illness Suffering." This was about promoting family healing in families experiencing serious illness.

June 1, 2024, Sent a mass email to members regarding planned June 22 networking event that was unfortunately had to be cancelled. The intent was to seek "Opportunities to Strengthen the Faith Community Nursing Profession: Needs, challenges, and solutions." This is an event we aim to bring into the 2025 year to network with FCNIG members, learn more about our interest group members, and shape the future of Faith Community Nursing! We plan to start this by reviewing 2023's 'Pulse Survey'!

July 26, 2024, Posted a job opportunity at CAPNM for an office coordinator.

August 1, 2024, Sent a mass email to members about an educational opportunity to build listening and supporting skills to help people in the church experiencing loneliness and suffering.

October, 20, 2024, Sent a social media post for InterChurch Health Ministries (ICHM)'s Annual meeting featuring speaker Bryana Russell who established youth programs at Sanctuary Mental Health and has grown an international medical institute.

Michelle Solomon, RN, PhD

# Student Representative Report

As a student representative for the RNAO's Faith Community Nursing Interest Group, I actively promoted the group within my school TMU by raising awareness about what faith nursing entails and what FCNIG's mission and values are among my fellow nursing colleagues. I facilitated brief informational sessions within the Canadian Nursing student association (CNSA) group I am part of to introduce students to the principles of faith-based nursing and its role in holistic patient care. Additionally, I used the CNSA social media to share resources, events, and opportunities provided by the interest group. My efforts helped to create a sense of community and highlighted the importance of integrating spiritual care into nursing practice to deliver individualized nursing care.

Khalila Campbell- Fagan FCNIG Student Representative

### Minutes of 2023 AGM

### 22<sup>nd</sup> Annual General Meeting, Faith Community Nursing Interest Group

November 25, 2023, 1:00 p.m. – 4:00pm. Minutes

**Present:** Marianne Cochrane, Elsie Millerd, Gloria Wiebe, Michelle Solomon (Virtual), Nancy Truscott, Anne Marie Mohe (Virtual)r, Beverley Blair, Louise Trapp, Ning Gao, Jeanne Lambert, Oluwapeluni Favour Adekaunsi, Maria Lippa, Lily Cugliari-Kobayahi, Ola Babalola (Chair), May Tao (Minutes), Teresa Santos

**Guest Speaker:** Claudia J and Michelle Solomon

**Guests:** 

WELCOME - Olayinka (Ola) Babalola (FCNIG President)
Land Acknowledgment and Opening Prayer/Devotional by Ola

	Defining Frayer/Devotional by Ota	
Business Meeting		T
Agenda item	Discussion/Report	Actions
1.0 Review of	Agenda reviewed	
Agenda as		
circulated		
1.01 Additions to the	No additions to the Agenda	
Agenda		
2.0 Review of	Minutes Reviewed	
the MINUTES from		
November 5, 2022		
AGM		
2.01 Approval of agenda	Motion by: Ola Babalola	
and minutes from 2022 as	Seconded by: Lily Cugliari-Kobayahi	
circulated	All approved	
3.0 President's Report (Ola		
Babalola)		
4.0 Past President's Report		

(Anne-Marie Mohler)			
5.0 Finance Report (May Tao)	FCNIG has been fiscally responsible in managing funds effectively to ensure expenditures are well within budget and the allocation of bursaries to support members in professional development. The FCNIG Executive will continue to oversee routine financial processes throughout the year, including the development and monitoring of the annual budget.  Bank Balance as of November 5, 2022: \$11,412.23		
6.0Membership Report (Lily			
cugliari-kobayashi)			
7.0 Policy and Political Action Report (Dot Klein)	. Refer to the annual report.		
8.0 Communication Report			
(Michelle Solomon)			
9.0 Student Report			
11.0 Region 11			
12.0 Approval of All the Above Reports	Motion by: Ola Babalola Seconded by: May Tao All Approved		
40.00 40.40 1/			
10:00 am -10:40 am: Keynot	te Speaker		
12.0 Presentation by	Gloria introduced and thanked the speaker		
Jeanne Lambert and Elsie	Jeanne and Elsie. Jeanne and Elsie presented		
Millerd	scoping review research of the role of Parish Nurses.		
13.0 Keynote Speaker: Dr.			
Immaual Joseph			
10:40 am -11 am: Members' Voices and Meeting adjourned			
14.0 Members' Voices			
15.0 Closing Prayer	Lily closed with prayer and the Lord's prayer.		
15.0 Adjournment of the	Ola showed a video how RNAO make a		
Business Meeting.	difference in being a member before		
	adjourning the meeting.		
	Motion by: Ola Babalola		
	Seconded: May Tao		

All approved Meeting Adjourned at 4 pm.	



Photo Courtesy of Lily Cugliari-Kobayashi Circa 2018, St.Michael's College Garden/Bathurst Street Site/Toronto. (Parent Alumni)

The purple Irises represent, historically and still **TODAY** in modern times, royalty first and foremost.

Then, the upright petals symbolize: **WISDOM**, **FAITH AND BRAVERY**.

How suitable it could become the floral emblem for the Faith Community Nurses!!