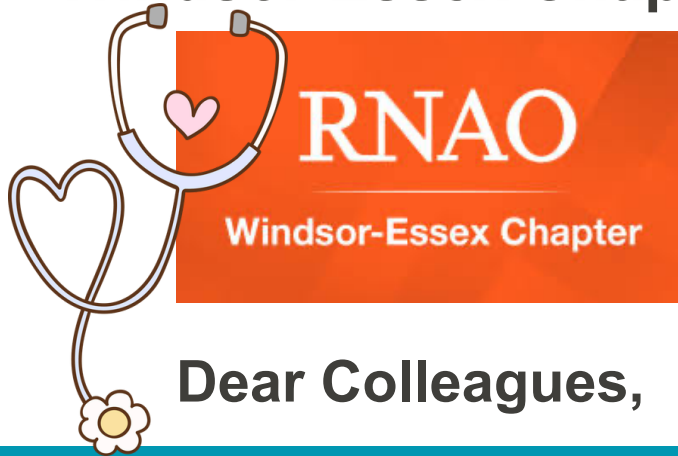


Newsletter

News from the deep south



Windsor-Essex Chapter



Dear Colleagues,

Happy Nursing Week! We decided to launch our new quarterly newsletter for the RNAO Windsor-Essex Chapter this special week!

This communication is a way to keep you up to date regarding local advocacy and events. It is also a place for Regional 1 members to communicate with one another, showcasing our commitment to nursing excellence and advocacy within the region.

If you would like to share any news, opinions, or write something for the next issue, please email:

windsorsex@chapters-igs.rnao.ca

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Political Action & Advocacy

Queen's Park on the Road (QPOR)



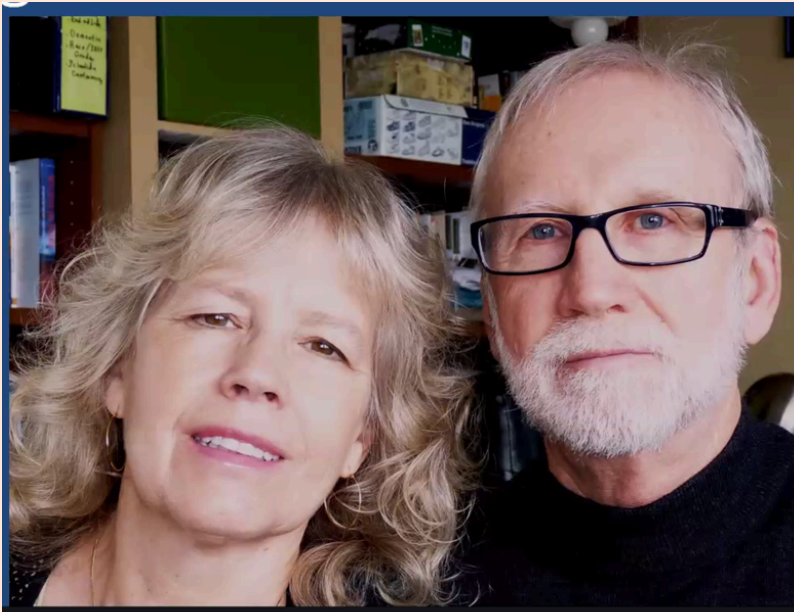
Members of RNAO's Windsor–Essex Chapter — Policy and Political Action Officer Olivia Cochrane (left) and Chair Kathy Moreland (right) — met with Essex MPP Anthony Leardi (centre), who is also the parliamentary assistant to the Minister of Health. At the QPOR visit our RNAO representative spoke to MPPs Lisa Gretzky and Andrew Dowie regarding issues important to nursing and the wider community, including Ontario's primary care crisis, nursing crisis, homelessness and other policy issues.

Learn more about the Political Action and Advocacy on the next page



Political Action & Advocacy

Violence in Nursing



RNAO Windsor Essex partnered with Chapter Sigma Tau Upsilon and the Mental Health Nurses Interest Group to deliver a well-attended virtual event that discussed how to address "Violence in Nursing".

Renowned researchers in the area, Drs. Jim Brophy (right) and Marg Keith (left) presented a joint keynote speech to over 140 attendees, including two MPPs, Robin Lennox and France Gelinas. The talk was followed by an experienced and diverse panel including MHNIG Chair Andrew Marlowe, RNAO President-Elect Sue Lebeau, and representatives from other key nursing groups. We believe that this session will initiate collaborative efforts to unite us in action planning.

RNAO Windsor-Essex chapter plans to collaborate with others to host a follow-up event. Details to follow soon

Kathy Moreland talks about the violence problem facing nurses in Ontario and the importance of raising awareness on AM800 with Patty Handysides | [Listen by clicking here](#)



Political Action & Advocacy

Naloxone Training



University of Windsor students with Kathy Moreland at Naloxone Training.

The RNAO Windsor-Essex Chapter recently partnered with Enactus, the University of Windsor, and St. Clair College RNAO student ambassadors to host two collaborative learning events that brought together students.

The sessions focused on increasing awareness of the stigma related to the opioid crisis, while also providing practical education on when and how naloxone (Narcan) can be used to respond to an overdose.

[Read more about the importance of student involvement in opioid harm reduction and education from RNAO student ambassador Mathew Young.](#)

Students' Corner



Mathew Young
RNAO Student Representative

Q What was the aim of the Naloxone Training event?

A *It was to provide students at the University with the opportunity to gain insight into social determinants of health (SDoH) related to mental health, how opioids factors into this and what they can do to help save someone's life potentially. Additionally, we conversed about how, when and why Naloxone is used in these situations to help students get a better understanding of the topic.*

Q Why is this type of training important?

A *[...] I think that both the past session and future sessions are important for students to be involved in Narcan Training for a multitude of reasons. From learning in a safe environment on the stigmas around it, to enabling individuals with knowledge that can increase their awareness.*

Q Is there anything that you want to share with the wider community based on what you have learned?

A *[...] It's often said that the best treatment is prevention [...] I would want to say to the nurses and nursing community that change starts at the grassroots level. If you have the opportunity to help someone else through your actions, why not take the initiative to grow your community and potentially save someone's life?*

Students' Corner

St. Clair College



St. Clair College RNAO Student Ambassadors Melissa Verrelli, Brandon Holland, and Hala Doski have been busy sharing the benefits of student membership with level 1 and 2 students of the BScN program at the SCC site. They were also instrumental in bringing the Naloxone training sessions to the SCC campus with over 30 attendees



Happy International Nurses' Week



Happy National Nursing Week May 11-17, 2026

This year's theme from RNAO is
Empowered Nurses Save Lives

We would love to know how you are celebrating the week, tag RNAO Windsor-Essex on social media, or use the hashtag #RNAOw-e for a chance to be reposted on our social media.

#RNAOw-e

Check out our recent event on the next page



Lois Fairley Award Winner

2026

Congratulations!

Spenser Dionne, a nurse in the clinical teaching unit (CTU) at the Ouellette Campus of Windsor Regional Hospital.



Spenser Dionne (pictured holding flowers) was awarded the Lois Fairley award in a ceremony attended by RNAO Windsor-Essex chapter representatives, the Fairley family, and senior leadership and Colleagues from Windsor Regional Hospital.



Previous Events



Local nurses and nursing students gathered for an evening of painting and pizza at the Ten Friends Diner.



To celebrate Windsor-Essex being awarded Chapter of the Year, local nurses and nursing students came together at Leonidis Agora Venue. We were joined by three members of provincial parliament, senior leadership from the local hospitals, and the President of RNAO for an evening of celebrations.



To celebrate diversity and inclusion in nursing and our community, RNAO Windsor-Essex Chapter walked in the Windsor Pride Parade, and we were joined by RNAO's Immediate Past President, Morgan Hogarth.

If you have any ideas or suggestions regarding future events that will bring nurses within the Windsor-Essex Region together, contact Kathy Moreland at windsor-essex@chapters-igs.rnao.ca

Join the Windsor-Essex Executive Team



We are searching for Registered Nurses and Nurse Practitioners who would like to join the Windsor-Essex Executive team in the following roles:

Social Media Executive Network Officer
Workplace Liaison Network Officer

Communication Executive Network Officer

Express your interest or learn more about each role by contacting: windsoriessex@chapters-igs.rnao.ca

Executive Spotlight



Congratulations to Dr. Rachel Elliott on successfully defending her PhD.

Dr. Elliott serves as a Member-at-Large on the Windsor-Essex Chapter Executive Team.

To learn more about Dr. Elliott, visit her biography on the RNAO Windsor-Essex website by clicking here.

CLICK HERE



CONTACT

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CLICK THE ICONS TO FOLLOW OUR SOCIAL MEDIA &
WEBSITE

WINDSOR-ESSEX
CHAPTER'S LATEST
ADVOCACY & EVENTS

