



# 10 Pearls OF WISDOM

Inspiring Stories of Hope,  
Healing and Transformation



# Finding my RAINBOW

~ By Sherry Brouzes ~

Beautiful Niagara Falls, Ontario, is where I live, and it is home to some of the most magnificent rainbow displays in the world. The international bridge that connects Canada to the United States is aptly called the Rainbow Bridge. What a thrill to witness this vivid spectacle of colour and to feel the refreshing spray of the waterfalls cooling your body on a warm and sunny day. I am so grateful to live near such a force of nature and visual delight. However, I did not anticipate the positive impact a rainbow would have on my life journey.

After many years of nursing, I decided to retire. My work as a nurse was rewarding and substantial, yet after retiring, I wanted to find something that I could work at my own pace and was fun, creative and inspiring. I took some time to travel with my husband and searched for something to do with the next chapter of my life.

I was always interested in Feng Shui, interior design, art, Reiki, and energy work. However, it was the ancient Chinese art of Feng Shui that immediately resonated with me. It was important for me to have an environment with good energy and where I felt happy and safe; this was a top priority for me. So, I frequently changed my furniture layout, colour choices and art; I would also spend hours shopping for new pieces of furniture and décor. I found joy in changing things around, and I often painted the walls or changed the wallpaper to effect energetic shifts. Naturally, Feng Shui was a good fit.

I began reading many books on ancient traditional Feng Shui. I was intrigued and began implementing Feng Shui in my home. The energy shift was palpable and positive changes were occurring in my home. With this success, I decided to extend the principles to our garden, creating our Zen sanctuary.

I studied and qualified as a Feng Shui Interior Design Consultant. I began by helping friends and family renew the energy and bring balance to their homes, and this was fulfilling. However, I kept clients to a minimum because I wasn't comfortable promoting my business, so I kept things low-key. Although I had extensive training and knowledge in Feng Shui, I had a nagging voice that



told me I was not enough; I still lacked confidence. Did I know enough? How would I appear to clients? My insecurities about feeling judged for carrying extra weight kept me from speaking in public to promote my business.

Over time I began losing interest in activities and felt lethargic; I knew I was becoming depressed. I had recently gone through a complex family conflict, and looking back now, I know I mishandled the situation. I did not channel my anger appropriately. Now I understand that my negative behaviour stemmed from unresolved anger; anger I carried for far too long, which was directed toward myself. I made an appointment with my doctor and followed the medical advice I was given.

### The Magenta Show

During that time, I came across a program called The Magenta Show on Facebook and was immediately drawn in. The host and guest were sitting in front of shelves lined with beautiful coloured bottles, every colour and hue of a rainbow. Fascinated by the bottles, I became a regular viewer of the show. I was intrigued and wanted to learn more. I signed up for a course which gave me new insight into the powerful energy of colour. Through discussions, meditations and spiritual psychol-



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ogy, I learned how colour affects our emotional, physical, mental and spiritual well-being. I couldn't get enough and wanted to dive deeper into colour.

Eventually, through colour therapy, I healed my issues with self-acceptance and with my doctor's care, I began to feel like myself again. Colour was fascinating, and I was obsessed.

There was a spark that had ignited in me, and I began seeing things with a new perspective; I no longer saw myself as only one spectrum. But rather a spectrum of light refracting through water droplets to form a vibrant rainbow; I knew I had been rocked, and my world opened up. Now I see myself as an array of colours with dynamic new options and possibilities in my life. It was as though a rainbow had fallen upon me, releasing beautiful new facets of myself.

Through my healing process, I became more self-aware, which in turn released me to explore the areas of my life that needed to shift. I tend to be a perfectionist, this resulted in high expectations of myself and others; overreacting and anger was my go-to emotion. Through Colour Mirrors and embracing my relationship with colour, I was able to identify my triggers and learned to channel those emotions healthily. The shift was swift! I attained clarity; I

was released from the emotional blocks that were holding me back. Peace and a feeling of spiritual freedom were what I gained.

Imagine what it would be like to infuse your life with renewed energy, harmony and the healing power of colour, I did. I invite you to look at colour from a different perspective. Colours empower you to be unique – that red lipstick, or the orange top you have at the back of your closet, it is time to shine in your empowerment colour. We can use colours in our personal spaces - a vivid green throw pillow, gold-coloured picture frames or lavender walls. A rainbow of colours presents itself to us every day, so why not harvest this beautiful energy in its many variations and applications; consider incorporating some or more colours into your life.

### My Personal Special Colours

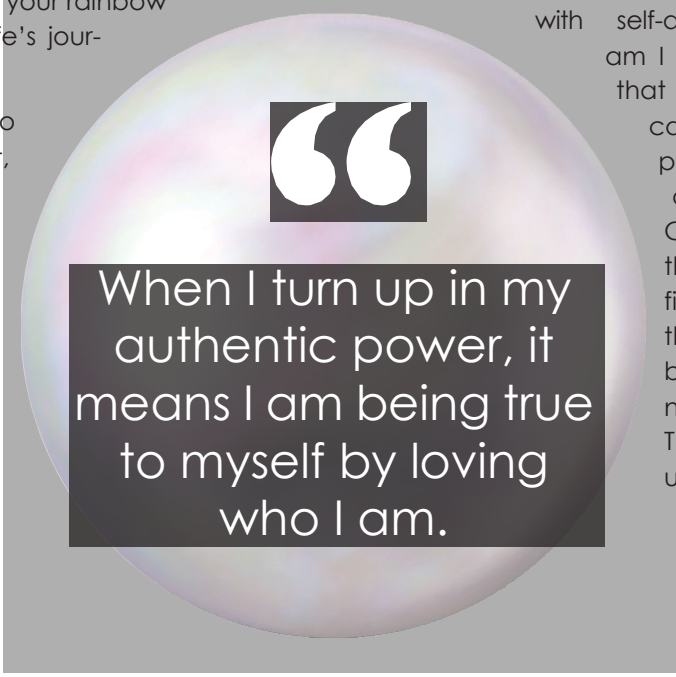
There are twelve beautiful colours in my rainbow that serve me with wisdom and guidance. It is my heartfelt wish that you discover the power of your rainbow to guide you on life's journey.

When I struggle to complete a project, red energizes me. No matter how tired I am, my body feels rejuvenated, as if red soaks up fatigue right down to my bones. When I feel the need to

be revitalized, I wrap myself in my red shawl. This is a fabulous colour to add to the décor of your living room to stimulate family activities and conversation. In Feng Shui, red is a colour that stimulates wealth and prosperity and can be used in your furnishings, décor, and clothing. The opportunities are endless.

When relating to family and friends, this loving feminine vibration of pink softens all of my intentions. Relationships with family, friends and associates that may seem hard to navigate, may be possible in the loving energy of soft pink. To remind me to stay in the pink love vibration, I admire and indulge my senses in the pink roses in my garden. Notwithstanding, we cannot ignore the energies and vibrations of crystal, quartz and other precious and semi-precious stones. Jewellery can be another medium to bring the desired energy to your person. I choose to wear my rose-pink quartz necklace during get-togethers.

Coral has given me the courage to accept myself. For many years I struggled with self-acceptance; who am I in this world? I felt that I was 'lacking' because I thought other people's opinions of me mattered. Coral taught me that the societal filter I saw myself through, was the belief that I am not good enough. That belief set me up to berate myself,

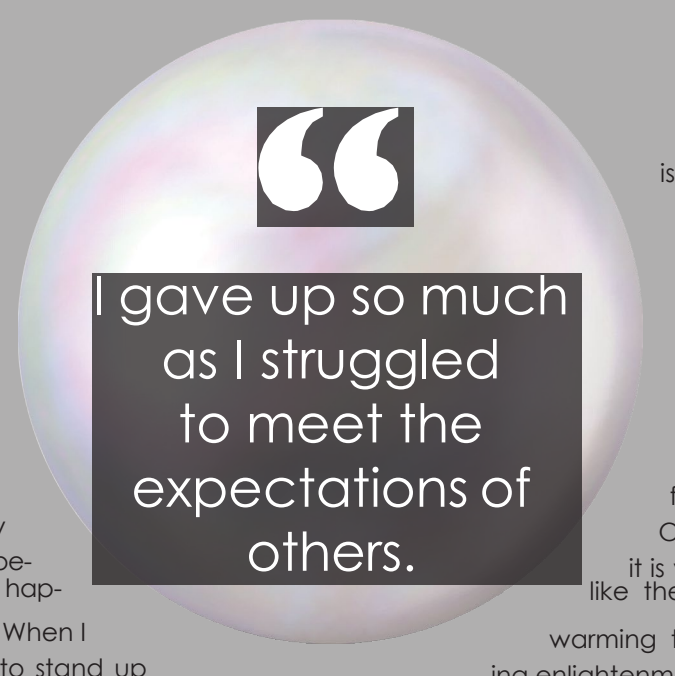


When I turn up in my authentic power, it means I am being true to myself by loving who I am.

I constantly found myself feeling as if I was not good enough. I gave up so much joy as I struggled to meet the expectations of others. Who would have thought that such a soft peachy colour helps me become stronger and happier with who I am? When I need the courage to stand up

and be me, meditating on a bottle of coral essence from Colour Mirrors gives me the courage to be proud of who I am. Coral and its various tones can be found in nature – orange, red and pink combined to create flowers, fruits, rainbows and even the beautiful flamingo.

As a powerfully soothing and warm colour, orange symbolizes a ray of sunlight, hope, and survival. Access to global news has made us aware of the world's dark side. The result can be a feeling of sadness, pain and deep empathy when we see others suffering. These feelings can become overwhelming and make us feel anxious. When I experience those feelings or find my 'nurse self' empathizing, experiencing the scent of orange and the colour and the energy it radiates returns me to a neutral space. This is a colour that I recommend to my clients for use in their space. Orange colours work well for a sensitive child's bedroom, this is where they frequently store unresolved traumas and pain. Orange represents fire and



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As teenagers a lot of young girls contend with body issues; am I too fat, I don't look like the girls in the magazines, and I just don't measure up. I was one of those girls with low self-esteem stemming from preconceived notions that I was not good enough or thin enough. This created a self-defeating cycle of dieting in my teen years. Wearing gold gives me that power boost that my self-esteem needs. Gold says you can achieve anything if you are authentic to yourself. When I turn up in my authentic power, it means I am being true to myself by loving who I am.

Yellow is a colour associated with the nervous system, and sometimes a case of nerves can make you lose your self-confidence. In the past, my experiences when speaking to a group could at times be traumatizing. Often, I was panicking, trembling, and my nerves would not calm down. Yellow evokes not only happiness and hope, but also gives me confidence and awakens my creativity. This vibrant

is used to burn and transmute negative energy. I also recommend orange for craft rooms, family and playrooms, where it releases a creative and friendly vibration. Orange is cleansing, it is vibrant and brilliant like the rays of the sun, warming the soul and inviting enlightenment.

colour helps me conquer any fears of public speaking and sharpens my mind, easing the fear of forgetting my words. Eating a yellow banana before an exam or any mental challenge can be the edge you need! To become and stay focused, try placing a yellow item in your sight to keep you alert and awake during those online meetings.

When you invite the energy of the colour green into your life, you invite harmony and balance. Green stimulates growth and new beginnings – a rebirth each spring. Simply spending time in green spaces, or bringing nature into your environment, can greatly benefit your mental health and physical well-being. Green is essential in my Feng Shui practice as it involves a large part of our environment. I advise my clients to place plants at the bottom of a stairway to slow the energy flow, bringing a sense of balance to their homes. To my business clients, I recommend painting their staff rooms green, so their employees will feel relaxed during their breaks. Jade symbolizes gentleness, serenity, harmony and balance. Adorning yourself with jade jewelry will aid in balancing your natural energy flow and your well-being.

It can be a challenge to be a conscious communicator. I had to shape my communication skills to be more effective, which is essential for good relations in society and business. Through the colour blue, I have learned to be aware of the words I say or write; now communicating is much smoother with no miscommunications. It's good practice to check your messages and comments before sending an e-mail or posting on social media. Unfortunately, I failed

to do that a few times and the outcome was very unpleasant.

The blue ray activates my masculine energy for analyzing situations, in particular when I prepare a client's energy chart for their home. This is when I use a Classical Feng Shui formula called 'The Flying Stars', this determines how best to advise them with their furniture layout. This requires a logical analysis, and blue works great for that.

There are two colours in my rainbow that I embrace, indigo and silver. I was delighted to find that by calculating my birth date through Pythagorean Numerology and the Colour Mirrors system, the main colours that arose were indigo and silver. Indigo signifies wisdom, intuitive support, and heightened sensitivity. While silver, a more feminine energy is associated with the moon cycles and cleansing. Wearing silver can aid in balancing mood levels and in turn, increases energy levels. Both these colours reflect my intentions; to be clear of mind and impart knowledge gained. Indigo and silver are such a representation of my spirit that I have incorporated them into my business logo and branding colours.

As a Feng Shui consultant, I reference an ancient system of knowledge that offers information and guidance for my clients to improve the energy flow in their spaces. Using violet in my environment deepens my ability to bring a spiritual component into my work. I now see my spiritual self as an energy healer, someone who can see beyond the systems and bring in messages of spiritual significance. Violet is the colour of my spirit and when I use it, I allow my spirit guides to be a part of my consultation





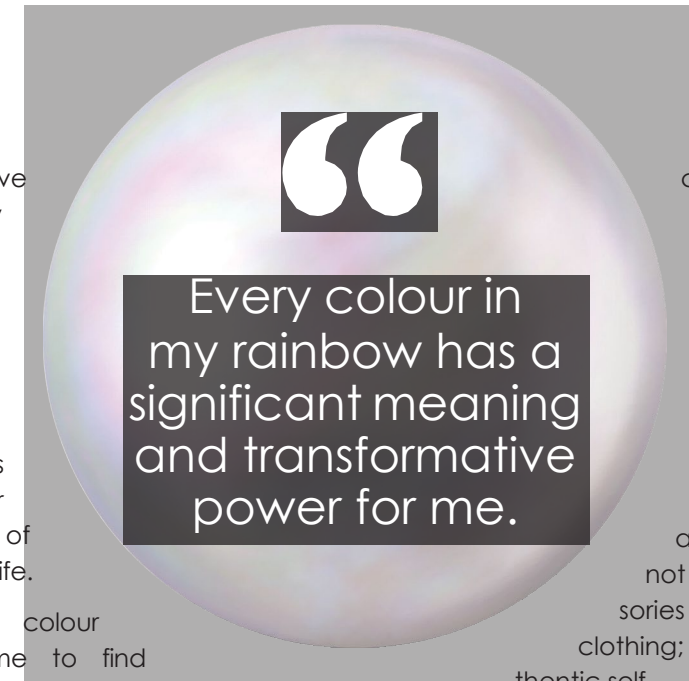
work. Violet/mauve is the colour of my workspace; it spiritually soothes my emotions and increases my psychic ability while keeping me firmly grounded. This deep rich colour will bring a breath of fresh air into your life.

Magenta is the colour that prodded me to find a way to bridge my passion for Feng Shui with the healing effects of colour. As with Feng Shui, the use of colour as medicine is an ancient practice and has been around since 2000 BC. At that time our ancestors were not aware of the science behind colours as medicine, but they had faith in using colour for curing ailments.

#### **Building a Bridge**

I knew these two ancient systems worked well together, but how would I join them?

Magenta represents the bridge from the old to the new, helping us to go with the flow and dispense old ideas. Accordingly, I looked to the colour magenta to inspire me to write new material for consultations and courses. Magenta also represents universal harmony,



creating a balance between our spiritual and practical thoughts, making us more aware of our real selves. In my youth I had a taste for bold colours, they empowered me then as they do now. Why not try magenta accessories - a scarf, jewellery, clothing; to release your authentic self.

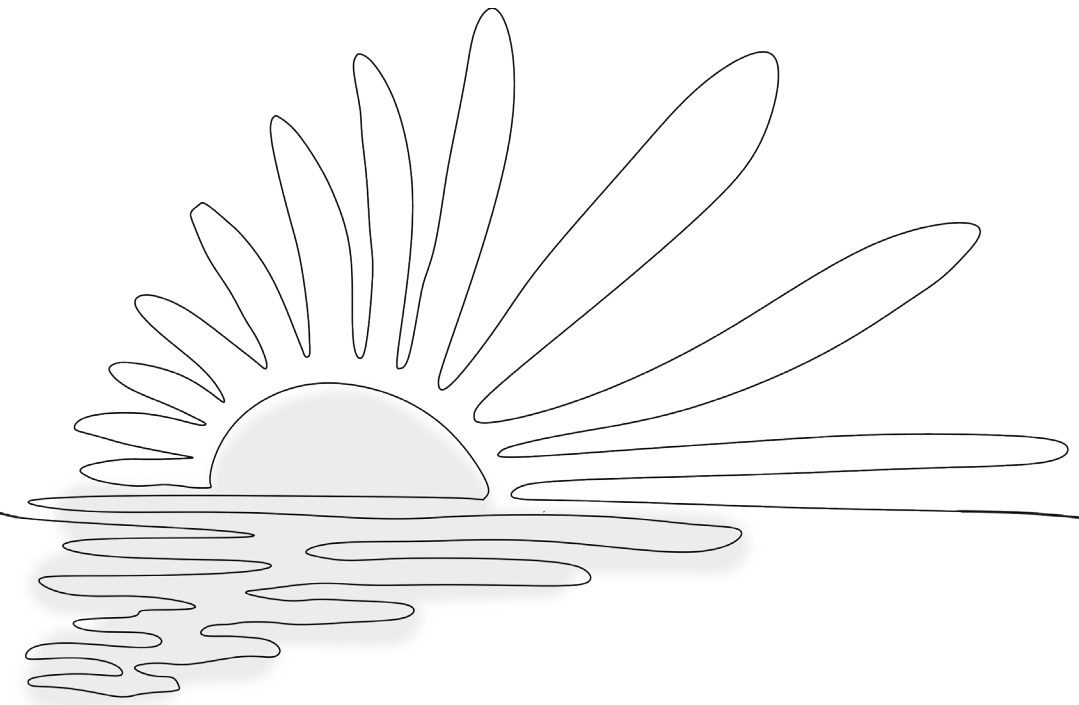
My journey with colour began with The Magenta Show, where I developed an appreciation for the benefits of the Colour Mirrors system. This was the start of my rainbow journey and the evolution of my Feng Shui practice into a soulful and holistic business. This blend of two systems has attracted a new clientele who are interested and believe in the connectivity of all parts. Colour with Feng Shui enhances and balances our homes and spaces faster, and clients understand the beauty and benefits of healing colours instantly. It is as if the colour speaks to their souls.

Every colour in my rainbow has a significant meaning and transformative power for me. When I see a rainbow near or far, it will gently remind me how my life, heart, and soul have become so enriched with colour.

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*Sherry*

A Poem  
from *Sherry*



The world is full of beauty and colour  
Held in the bowing arms of the rainbow, its mother  
Her beautiful colours bring you joy  
And colour heals every girl and boy

Vibrant red roses ignites passion  
Colour is bountiful and never rationed  
Cool blue waters infuses you with peace  
Colour puts a weary soul at ease

When the going gets tough  
Colour helps you out of the rough  
When the motivation has dried  
Colour becomes your guide

When you have lost all hope  
Colour builds resilience and helps you cope  
As darkness descends, no light can be seen  
Your courage gets lit up with the brightest of beams

Colour holds the promise of better days  
And brings out your inner child to play  
Full of magic and power,  
Rainbows are indeed the loftiest tower

Colours bow to touch the earth  
From coppers to green since your birth  
Colours bow to touch the heavens  
From blues to silver since you were eleven

And now you the adult embodies the full hue  
All you see is glorious happy colours in view  
Everything is re-connected, unified  
As you embrace the rainbow, you find there's no more need to be crucified

Bliss is now your only game  
Joy is now your name  
Sing praises to your mother rainbow  
Who loves you always, this you know!

— Pearl — *Pearls of Wisdom* — Pearl —

The ancient Japanese believed that pearls were created out of the tears of mermaids, nymphs, angels and other mythical beings.



# THE WHITE Pearl



GALACTIC LIGHT • RAINBOW BRIDGE



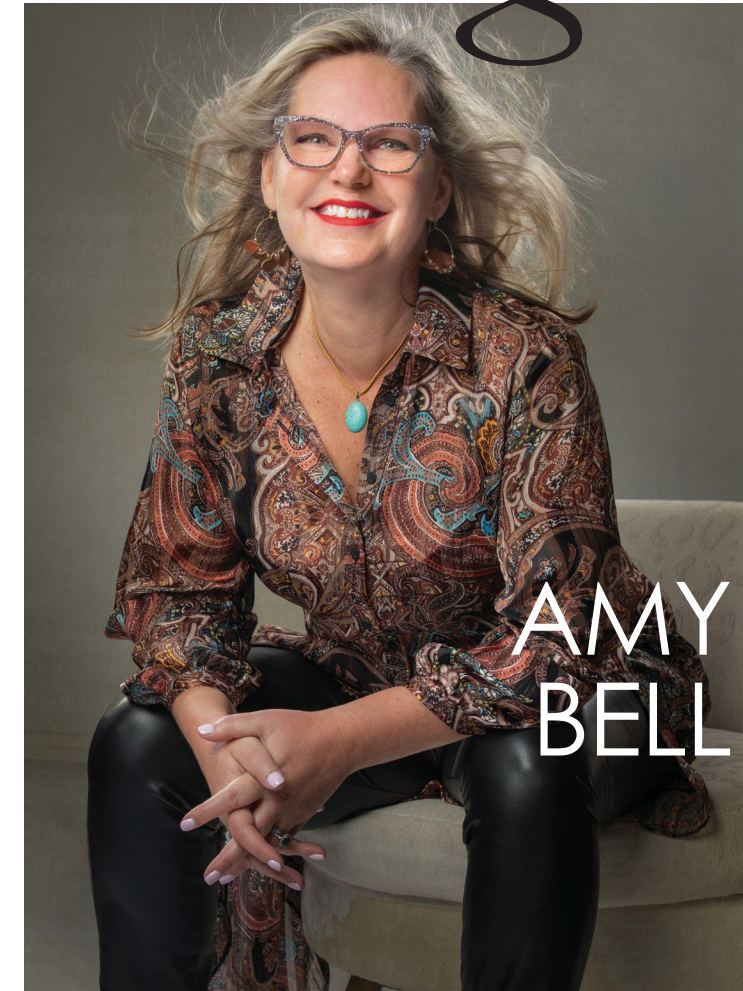
Here is the new light that has been seen waiting for you in visions of the future - a light that will permeate the planet and shine into every dark corner, bringing light into the darkness that has held the earth in thrall through many ages. The White Pearl is the core of white hot light at the centre of the galaxy, emanating intense light and power with infinite softness. It reminds you that you are whole and complete, needing nothing beyond your own light source. It shows you that in your acceptance of your own light, you add exponentially to the light of the planet and beyond. This is the pearl that reflects your truest self, the glittering white light that shimmered you into existence as it brought its vibration into physicality. Deep in the deepest centre of yourself, you have polished this pearl with every experience you have endured, enjoyed and suffered through. Every experience was created by your highest self to bring this pearl back to its true state of preciousness, to bring you back to who you really are - the pearl in the crown of the Divine energy.



*Message in a bottle*

# *Credits*

# *Design*



AMY  
BELL

Amy Bell is the founder of White Lightning Communications, a visual strategy agency focusing on branding with SOUL. She has combined her 30 years as a graphic designer with her colour energy training in the Colour Mirrors system to create a powerful analysis for her branding clients. The Branding with Soul method led to the birth of her magazine for SOULpreneurs called United Colours of Design and most recently she has opened the Colours of Design Academy to teach others how to implement colour and numerology into their business. All of these vehicles are here to open a deeper conversation about colour and how it impacts your businesses, purpose and journey on this planet.

[www.unitedcoloursdesignmag.com](http://www.unitedcoloursdesignmag.com)



# Editor



Deborah Ferdinand of Deborah The Editor is a cognitive and intuitive writer-editor. She uses those abilities to connect with your essence and drawing on that, she creates content with intent, clarity and flow.

Deborah crafts with intention. She believes in making dreams attainable by helping her clients enhance and organize their thoughts through words that inspire.

Editor credit: All authors. (Moira Bush, Young Jung Kim and Melissie Jolly exception)

**Email:** [Deborahtheeditor@gmail.com](mailto:Deborahtheeditor@gmail.com)

# Editor



Korani has a profound love for colour, writing and the spiritual journey, and she weaves these together to create books, workshops and courses to inspire you to discover your own inner light and follow your own unique path. Her joy is to support you in finding and embodying universal qualities such as love, peace, joy and inner freedom in your life.

Editor credit: Introduction, Moira Bush and Melissie Jolly.

**[www.korani.net](http://www.korani.net)**

# Foreword



CHRISTOPHER  
MEI

Christopher Mei has a long history in stage, film, tv, radio and podcasts. Most notable for his over 16 years at Canada's The Weather Network, he has always maintained a strong foothold in the arts as a performer and host of support events. Chris has been featured in, and written for, various GTA magazines and now dedicates his time to growing the next generation of media savvy individuals. "I am proud to be writing for this publication and for you. This cause means a lot to me personally".

[www.meiacademy.com](http://www.meiacademy.com)

# Photography



MAGGIE  
HABIEDA

Maggie Habieda is the owner of the beautiful space named Fotografia Boutique, a high-end Photography Studio in Oakville Ontario. Her large framed canvases and Italian-made designer photo books are her trademark. Maggie's twenty years of experience in fine art with a combination of creativity and technical skill allows her to capture people as they dream themselves to be seen. Fotografia Boutique is recognized nationally and internationally for its professionalism, innovation, and quality of work.

Photo credits: Moira Bush, Katharine Bork, Regina Neal, Alena Nyvltova, Amy Bell and Christopher Mei  
[www.fotografiaboutique.com](http://www.fotografiaboutique.com)



# Photography



MARTA  
RAPTIS

Marta Raptis is a commercial photographer specializing in personal branding, product, and stock photography, based in Mississauga, Ontario, Canada. She loves to tell stories through captivating images. She's passionate about working with creative entrepreneurs and helping them expand their brand through visual storytelling. Her mission is to empower creatives and entrepreneurs to level up their online presence with high-impact images that speak to their ideal audience.

Photo credit: Dwayne Richards  
[www.martaraptis.com](http://www.martaraptis.com)

# Photography



RAN  
PARK

Ran specializes in portrait and product photography in Seoul, South Korea. She has 19 years experience in the movie, drama and music video industries. Ran has a reputation for a happy, comforting experience and offering creative photographic perspectives while you are in her studio.

Photo credit: Young Jung Kim  
[www.moment-scene.com](http://www.moment-scene.com)



# Photography



Tiffany Teso, originally from Spartanburg, South Carolina, USA, brings over twenty years of experience in film and photography. She holds a Masters in Media from the University of South Carolina where she also taught for several years. She has worked for Milliken and Company as CEO, Roger Milliken's personal photographer.

Tiffany originally focused on video and film but truly fell in love with the still image and the stories that can be told through her art. She considers herself a 'people photographer' and loves to document weddings, families, events, and creative portraiture.

Photo credit: Jaci Daley  
[www.tiffanyteso.com](http://www.tiffanyteso.com)

# Photography



Based in Brighton, UK, I am inspired by light and connection. I gravitate towards shooting barren landscapes, honest portraits and beautifully designed spaces.

Photo credit: Fiona Radman  
[www.jothornephotography.com](http://www.jothornephotography.com)



# Photography



Kysme Shand is a Canadian, Niagara regional photographer, specializing in newborns, children, families, small events and headshots of many kinds. Catering to both in studio and on location sessions.

Photo credit: Sherry Brouzes  
[kysmeshandphotography@gmail.com](mailto:kysmeshandphotography@gmail.com)

# Photography



I am an artist and photographer living in Franskraal, Gansbaai in South Africa. Having studied Graphic Design at Stellenbosch University, I started my career as a graphic designer and photographer for architects. Established my own photographic studio, specialising in architectural, portrait and fashion photography. I obtained a diploma in french framing at the Le Vesinet Art School in Paris. In New York I studied water colour painting under Romanian artist Devis Grebu.

Photo credit: Melissie Jolly  
[www.facebook.com/marthavanderWesthuizenPhotography](https://www.facebook.com/marthavanderWesthuizenPhotography)

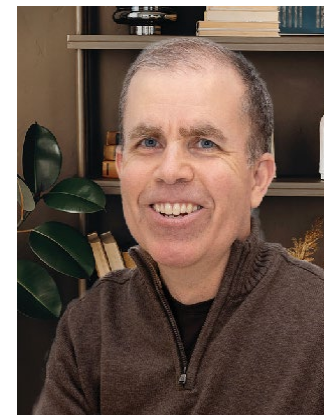
# *Author Biographies & Contact*



**Moira Bush**, Colour Mirrors Practitioner & Teacher  
Canada

Founder of the Moira Bush Academy for Soul Businesses, Moira teaches certified Colour Mirrors programs and courses in Numerology, Shadow Work, Card Readings and Predictions. She is the author of 8 Colours of Prosperity, the Colour Mirrors Oracle and Colour Your Shadow decks. Moira has a background in training entrepreneurs and social media broadcasting with shows including The Magenta Show, The 707 Show and Colour Chats.

**Website:** [www.moirabush.com](http://www.moirabush.com)



**Dwayne Richards**, Colour Mirrors Practitioner & Teacher  
Canada

Dwayne Richards, CPA blends his 20 years of practical expertise in tax accounting with his passion in the field of personal and spiritual development. Dwayne offers a unique personalized approach to give individuals and businesses impactful solutions to help them achieve their financial and personal goals. Dwayne is a volunteer with CPA Canada's Financial Literacy Program.

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**Katharine Bork**, Colour Mirrors Practitioner & Teacher  
Canada

Katharine worked in nursing for 30 years. Not quite able to retire fully from her love of service work, she found herself drawn to study the Colour Mirrors system. The profound impact and feelings of joy that the language of colour had on her personally, inspired Katharine to offer mentoring and training programs in personal and spiritual empowerment to individuals and groups.

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**Young Jung Kim**, Colour Mirrors Practitioner & Teacher  
South Korea

Young Jung has 20 years experience as a lecturer in South Korea. She specializes in relationships, communication skills and colour counselling. She is the author of the book 'Color Therapy to Heal the Heart'. She feels a calling to pass on peace and love to as many people as she can through colour therapy.

**Website:** [www.instagram.com/color\\_and\\_coaching/](http://www.instagram.com/color_and_coaching/)



**Jaci Daley**, Colour Mirrors Practitioner & Teacher  
USA

Jaci is the developer and founder of a new massage modality in the USA called African Massage. Her background as an international massage therapist, educator and mentor combined with her love of sound and colour therapy, resulted in her creating this unique methodology for her clients and students. African Massage addresses not just the physical bodywork, it also promotes a metaphysical transformation.

**Website:** [www.african-massage.com](http://www.african-massage.com)



**Zane Bermaka**, Colour Mirrors Practitioner  
United Kingdom

Founder of the British business Atlantis Skincare; an innovative range of skin care products for women over 30. Born in Latvia, she has incorporated into her business her many years of study and experience in botany, together with 10 years of research and development in natural skin care formulas. She has 3 children and 5 grandchildren. Her passions include the study of colour psychology and organic farming of plants that help the aging process.

**Website:** [www.atlantisskincare.com](http://www.atlantisskincare.com)



**Fiona Radman**, Colour Mirrors Practitioner & Teacher  
United Kingdom

Fiona followed her intuition to study the arts, travel the world and become a textile specialist. She is a formidable coach, speaker and teacher on how to connect and develop your own intuition and access your inner wisdom. She combines spiritual guidance with the spiritual psychology of colour during consultations and teaches Practitioner level programs.

**Website:** [www.fionaradman.com](http://www.fionaradman.com)



**Regina Neal**, Colour Mirrors Practitioner & Teacher  
Canada

As a young mother, Regina sought out a better life for herself and her daughters. Those experiences led to her wanting to help others find their way to live a happy and stress-free life. She is a Personal Development Coach, Skincare Specialist and author of the book The YOU-nique You.

**Website:** [www.reginaneal.com](http://www.reginaneal.com)



**Alena Nyvtova**, Colour Mirrors Practitioner & Teacher  
Canada

Alena mentors and teaches clients transformational processes using her extensive training and experience as a Master Practitioner in Neuro-inguistic Programming, Hypnosis and Mental Emotional Release. She is an upper-level student of the Ancient Hawaiian Life Science known as HUNA. Alena is also a member of Halau Ho'o Manaloa (School of Expanded Empowerment) in Hawaii.

**Website:** [www.alenaspeaks.com](http://www.alenaspeaks.com)

# Colour Resources



**Sherry Brouzes**, Colour Mirrors Practitioner & Teacher  
Canada

After practicing nursing for 25 years, Sherry became a Feng Shui Consultant as she knew that the spaces you live in has an impact on your health and well-being. She shares her passion for combining Feng Shui with the Colour Mirrors system as a speaker, author of articles for magazines and serving as a Red Ribbon Consultant with the International Feng Shui Guild.

**Website:** [www.sherrybrouzefengshui.net](http://www.sherrybrouzefengshui.net)



**Melissie Jolly**, Founder of the Colour Mirrors System  
South Africa

Melissie Jolly is the founder of Colour Mirrors and lives in Stanford, near Cape Town where she manufactures the bottles of oils and essences. She teaches the Colour Mirrors system worldwide and is helped by her daughter Gillian Ball in the business. She is the author of the book 'What the Seeker Found'.

**Website:** [www.colourmirrors.com](http://www.colourmirrors.com)

## United Colours of Design Magazine

Published By Amy Bell

Inspiring entrepreneurs to tap into the transformative power of colour and align their business with their soul's purpose - leading to a magical and prosperous life full of love and joy.

**www.unitedcoloursofdesignmag.com**



Available on amazon

## 8 Colours of Prosperity

By Moira Bush

Using colour psychology, Moira masterfully sheds light on common and often hidden sabotaging patterns that hold us in poverty. This book offers practical solutions on how to lead a prosperous and joyful life!

**www.moirabush.com**



Available on amazon

## Colour Oracle Deck

By Moira Bush

This 44 card deck and supporting full-colour booklet has messages from, angels, dragons and elementals with a little colour psychology added to the mix. Use this deck on yourself or add it to your practice library.

**www.moirabush.com**



Available on amazon

## Colour Your Shadow Deck

By Moira Bush

Use this deck to open up a dialogue between you and your shadow, get to know what your shadow needs, its personality traits, its hopes and fears. Paint all the darkest rooms in your psyche in the colours of the rainbow and bring your shadow into the light!

**www.moirabush.com**



Available on amazon

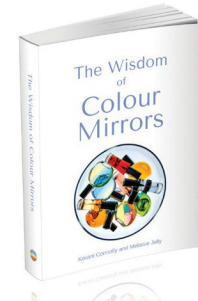


# Colour Resources

## The Wisdom of Colour Mirrors By Korani Connolly & Melissie Jolly

The Colour Mirrors system holds the key to understanding yourself, from the inside out. You are taken on a journey of exploration and discovery through the entire range of jewel-coloured oils and essences that make up the system. You are shown how perfectly and precisely colour 'mirrors' to you who you are.

[www.amazon.com](http://www.amazon.com)

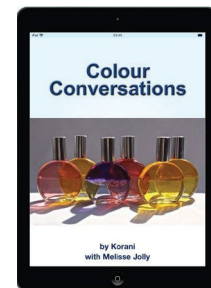


## Colour Conversations

By Korani Connolly With Melissie Jolly

We all know that colour speaks to us. So what happens when we look not just at one colour and its effect on us, but two colours in combination? Suddenly the 'conversation' goes to another level! A must have resource for all Colour psychology enthusiasts.

[www.korani.net](http://www.korani.net)

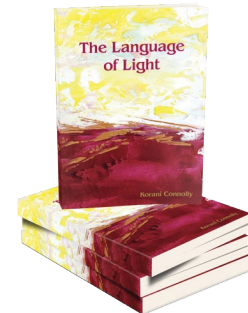


## The Language of Light

By Korani Connolly

This book is a transmission of Divine energy carried to you on the frequency of love. It will guide and assist you in remembering the Language of Light, the long-forgotten language of your soul and will reconnect you with its message.

[www.amazon.com](http://www.amazon.com)

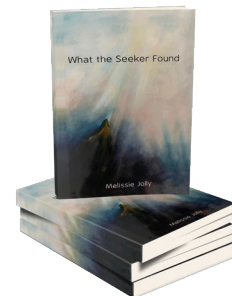


## What the Seeker Found

By Melissie Jolly

Have you ever wondered what is the purpose of life, or how to stay sane in a mad world? These are some of the many questions asked in this book along with the resulting answers as discovered by Melissie Jolly on her colourful journey as a seeker.

[www.amazon.com](http://www.amazon.com)



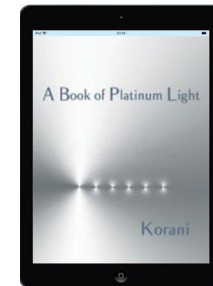
# Colour Resources

## A Book of Platinum Light

By Korani Connolly

This e-book contains seven Platinum Portals, each of which serves as a gateway, opening and expanding you into greater awareness so that you might access more of the Divine being you truly are. It is a "small" book with a "big" energy!

[www.korani.net](http://www.korani.net)



## The Mourning Pages

By Susan McKenzie

This innovative workbook incorporates shared stories of loss, the psychology of colour, journaling, mantras along with Susan's own personal journeys. She brings forth an experiential process second to none.

[www.susanmckenzie.co](http://www.susanmckenzie.co)

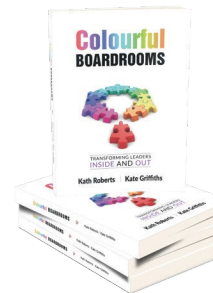


## Colourful Boardrooms

By Kath Robers & Kate Griffiths

This is a comprehensive guide to self leadership based a system that goes far deeper than any psychometric test. It explores the subtle hues of leadership through the lens of colour.

[www.kath-roberts.com](http://www.kath-roberts.com)



## Color Therapy

By Young Jung Kim

Published in South Korea by Young Jung Kim, this book explains how to heal emotions through 9 colours. Includes case studies from students of Colour Mirrors Therapy.

[www.yes24.com](http://www.yes24.com)

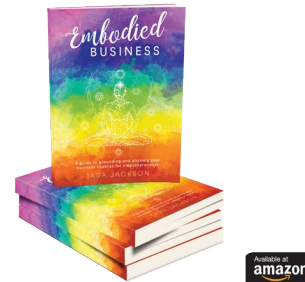


# Colour Resources

## Embodied Business: A guide to grounding and aligning your business chakras for empathpreneurs

By Tara Jackson

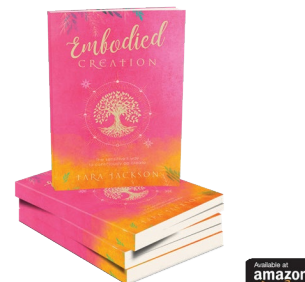
Embodied Business is for empath entrepreneurs, to support them with grounding and aligning their businesses with the seven main chakras in the body, with the earth star and soul star as anchor points.  
[www.empathpreneurs.org](http://www.empathpreneurs.org)



## Embodied Creation: The sensitive's way to consciously co-create

By Tara Jackson

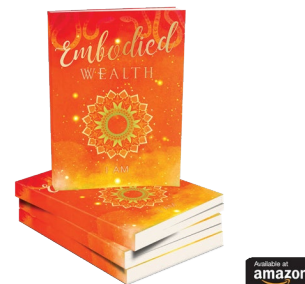
A call to consciously co-create for the good of the whole, this book is an activation and invitation to tune into Gaia, her energies, and what is calling to be created on Earth at this time.  
[www.empathpreneurs.org](http://www.empathpreneurs.org)



## Embodied Wealth: I Am

By Tara Jackson

An invitation to embody all you came here to be, so the outside world mirrors to you what you are feeling. It includes 'The colours of wealth' to support you on your journey to embodying wealth.  
[www.empathpreneurs.org](http://www.empathpreneurs.org)



## Embodied Wisdom Oracle Deck

By Tara Jackson

This 66-card deck brings you back into alignment with your entire being – spiritually, physically, mentally and emotionally. It includes images and messages from your soul star chakra down to your earth star chakra, including chakra dragons and their wisdom.  
[www.empathpreneurs.org](http://www.empathpreneurs.org)



# Colour Resources

## The Book of Soulful Musings

By Chrisoula Sirigou

A selection of meaningful conversations between ChriSOULa Sirigou, Colour Mirrors teacher, and wholistic health and well-being advocates from around the world. Authors and teachers explain our complex relationship with mind, body, heart and spirit. Change makers explore faith, forgiveness, letting go and the healing powers of colour.  
[www.wholisticlove.org.uk](http://www.wholisticlove.org.uk)



## Little Sparks of Joy: Messages From Across The Globe Igniting Hope, Love, Unity and Joy

By Chrisoula Sirigou

Little Sparks of Joy is a cornucopia of colourful inspiration, gratitude and wisdom through "RAINBOW Letters" in the form of conscious stories, poems and artwork from across the globe.  
[www.wholisticlove.org.uk](http://www.wholisticlove.org.uk)



## Needing a Colourful Day

Published in South Korea by Kim Gyuree and Lee Jinmi

This book is an essay of colour interpretations of the lives of the people around us. It includes suggestions on how to use colour psychology to heal their stories.  
[www.colourtherapy.kr](http://www.colourtherapy.kr)



## Systems Everywhere: Colours and Numbers Connections

Prof. Dr. Dr. h.c. Tadeja Jere Jakulin and Melissie Jolly

This book explores family and relationship healing using the Chaldean numerology system through a Colour Mirrors lens.  
[www.silt.si](http://www.silt.si)





# Colour Resources

## Colour Design: Theories and Applications (The Textile Institute Book Series)

Chapter 9 by Ray McKimm

In his chapter, Ray proposes that the influence of colour upon health and well-being can be understood through the framework of colour analytical psychology.

[www.amazon.com](http://www.amazon.com)

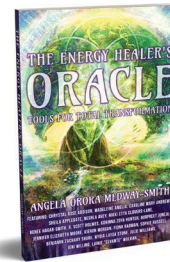


## The Energy Healer's Oracle: Tools for Total Transformation

Chapter 19 By Fiona Radman

After years of disliking and feeling disconnected from her body, Fiona writes in Chapter 19 how the Colour Mirrors system helped her boost her well being, with special reference to the colour coral for integrating the mind, body and spirit.

[www.amazon.com](http://www.amazon.com)



— Thank You —