



# Words from our President

Hello lovely RNAO PCNIG members!

We hope you have had a wonderful and safe holiday season! I appreciate that this time of year can be especially difficult for some and we want you to know for those of you that this resonates with that you are not alone. We hope to be a soft-landing place for you all to share your experiences, challenges and triumphs. Much like excellent implementation of the palliative care approach we cannot do this work alone.

## Palliative Care Nurses Interest Group Newsletter

Promoting nursing in palliative care and part of the Ontario voice of nurses working in palliative care.

This year we have some eventful opportunities for you all in store including support for conferences, webinars, advocacy opportunities and maybe even an event or two in the works. We look forward to connecting and staying in touch with you all over this up-and-coming year. If you have thoughts on how we can enhance the PCNIG experience please do not hesitate to reach out. Our lovely board is eager to hear more about how we can continue to evolve and grow PCNIG for and with you all. May this year be brighter, filled with laughter and kindness

than the last. Kindly, Mahoganie



### PCNIG Website & Social Media

Be sure to check out our PCNIG website: <a href="www.pcnig.rnao.ca">www.pcnig.rnao.ca</a> and multiple social media accounts (both new and refreshed)! Please consider following us to help grow our online presence!

Use the hashtag **#PCNIG** and make sure to tag us!









HPCO reflections from Judy Tigert
PCNIG supported Judy to attend the June 2023 HPCO conference – here are a few things she had to say...

#### What speaker/activity was the most meaningful for you, and why?

I really found that the presentation "Ironic Points of Light" by the keynote speaker Jim Mulcahy was the most meaningful for me. His experience was so personal and eloquently presented. It was my first insight into "multigenerational palliative care" for families who experience inherited terminal diseases.

#### What speaker/activity was the most exciting for you, and why?

I think the most exciting session for me was "Specialist Palliative Care in Long-term Care". I worked as an NP in LTC and for 12 years and tried to strengthen our palliative care systems there. Unfortunately most LTC's mandatory metrics relate to provision of "primary care" to residents and other Ministry of Health objectives therefore LTC administrators have little motivation to put resources into palliative care which is not measured or reported on RAI. It was exciting to hear how a specialty palliative team is now working within LTC homes in Toronto.

#### What was the most fun thing you did at the conference?

The interesting conversations with other conference attendees over lunch and supper was the greatest fun.

## Palliative care funding updates

Provincial funding to support improvements in palliative care was announced in June, 2023. Since that time, investments have gone to support increased funding for hospice beds, roles to support implementation of the health services delivery framework model of care for palliative care in the community and long-term care, grief and bereavement funding, and soon funding to support palliative care for indigenous communities and health care service providers.

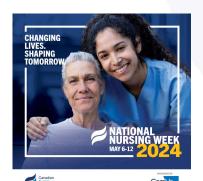
PCNIG is excited to be offering funding for 10 members to attend upcoming hospice palliative care conferences this year. Please complete the application form below if you wish to be considered for this funding opportunity.

https://forms.gle/SYWgR4NjLp5fTzYx7

Want to attend upcoming palliative care conferences?

### Changes coming to home care

On December 4, 2023 the Convenient Care at home Act received Royal Assent. Changes to home care include creating a single, integrated service organization called Ontario Health @home. Gradually responsibility for providing home care will be transferred to Ontario Health Teams.



### Nursing and palliative care week is coming May 6-12, 2024!

We would like you to help us celebrate and highlight the incredible work nursing does to provide quality palliative care across the province. To nominate a fabulous palliative care nurse or team go to:

https://docs.google.com/document/d/1HItPt18vb5O BeBRrOiAf4go5YHu8VpGMrIDbNkHj1PU/edit?usp=s haring