

Complementary Therapies

Nurses' Interest Group

Annual General Meeting
Saturday, January 27th 2024
1030h-1200h
via Zoom



RNAO-CTNIG

Complementary Therapies
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Please join us for our AGM on Saturday, January 27, 2024, from 1030 - 1200 via Zoom

Please register via the link from RNAO in your email (Registration is necessary to gain access to the Zoom Link)

The agenda includes:

A short business meeting with brief updates from your CTNIG Executive

Meditation by Farnaz Michalski

Presentation on Enhancing Healing and Mental Health in Nursing with Feng Shui and Colour by Sherry Brouzes. She will discuss:

- **The Role of the Environment in Promoting Healing and Mental Health**
- **Understanding Feng Shui as a Healing Practice**
- **Applying Feng Shui Principles to Promote Healing and Positive Energy in Nursing Spaces**
- **The Power of Colours: Choosing the Right Colours for Healing Environments**
- **Creative Ways to Implement Feng Shui and Colour in Nursing Practices**
- **Promoting Self-care among Nurses through Mindful Design Choices**

More about our guest speaker, Sherry:



Sherry (now retired) practiced nursing in Canada and the U.S.A. for over 25 years. During that time, she observed the intense impact the environment where we live and work can have on an individual's health and well-being. Having the desire to learn holistic modalities to help reduce environmental stress, she studied and qualified as a Feng Shui Consultant, Feng Shui Interior Designer and Biophilic Design Consultant.

Sherry is a Red Ribbon Consultant with the International Feng Shui Guild. She offers comprehensive, unique, and soulful Feng Shui Consultations for clients by integrating the Colour Mirrors system using her knowledge as a Colour Mirrors Consultant and Teacher. Feng Shui and Colour wisdom are two ancient modalities that blend well together to assist her clients in achieving balance and by identifying the energy in their spaces and inner self to reach their full potential to live a happy life.

