Complimentary Tuition for Hospice Palliative Care Ontario Education

Your staff or physicians may be eligible for complimentary online person-centered decision making or palliative care education offered by Hospice Palliative Care Ontario (HPCO). A limited number of spaces are available for Ontario-based providers or administrators to complete training by March 31, 2024. Eligible courses include Person-Centered Decision Making and PACE for PSWs. Further information, including the application process, is included below.

Person-Centered Decision Making (PCDM)

The PCDM curriculum develops competency on Health Care Consent, Advance Care Planning, and Goals of Care conversations. Learners will move beyond advancing their knowledge and attitudes to develop clinical skills. This online program can be completed asynchronously in approximately 8 hours. Ontario-based clinicians and administrators are eligible to apply. Available in English.

For more information: https://www.pcdm.ca/acp/e-learning-modules

Apply by completing an Expression of Interest for PCDM: https://bit.ly/3HkG3PC

Palliative Care Education for Personal Support Workers

PACE for PSWs is an online, comprehensive 10 course national certificate program offered in partnership with HPCO, Canadian Hospice Palliative Care Association and Life and Death Matters. The PACE program can be completed asynchronously in approximately 30 hours and is available in English and French. Additionally, each PSW participant will receive Life and Death Matters' online text, Integrating a Palliative Approach: Essentials for Personal Support Workers, Second Edition, and online resources for one year.

At PACE for PSWs, we know that educating PSWs on providing palliative care can decrease the two main factors contributing to PSWs leaving the workforce – i.e., work-related stresses and compassion fatigue. Supporting PSWs with palliative care education will increase workplace retention by decreasing their workplace stresses and risk factors of compassion fatigue.

What PACE graduates are saying?

Graduates of the PACE for PSWs program report increased confidence and comfort in their abilities to provide palliative care and integrate a palliative approach.

Over half of graduates began the PACE for PSWs with basic palliative care knowledge (self-assessed), while all learners increased their knowledge of palliative care to an intermediate or advanced level by completing the PACE for PSWs courses.

They also reported:

PACE courses helped them to:

- Communicate and support a dying person and family, regardless of where care is provided.
- Be respectful of other cultures, (cultural safety), be compassionate when providing care, and maintain therapeutic boundaries.
- Gather information about physical symptoms,
- Develop ways to communicate to be heard by the nurse and team,
- Build strategies for supporting the comfort of a dying person in the last days and hours.

• Become aware of the crucial need for self-care and to develop a self-care plan for themselves.

For more about the PACE program: https://paceforpsws.ca/

Funding to support backfill costs <u>may</u> be available to organizations when their PSWs complete and pass the full 10-course PACE for PSWs program by March 31, 2024. HPCO is awaiting confirmation on funding to support backfill.

Apply by completing an Expression of Interest for PACE: https://bit.ly/3HgyPfw

Funding to support this education is provided by the Ontario Palliative Care Network.