



WEBINAR



**"When you're in the office, it means you managed to get somewhere":
perceptions of adolescents with anxiety or mood disorders of accessing
primary care for mental health services**

Thursday, April 21, 2022 7:00 - 7:30 pm ET



Lisa De Panfilis RN, BScN, MSc

Quality and Risk Consultant
St. Joseph's Healthcare Hamilton

**Crossing the Chasm: A Review of Mental Health Care Services for
Transitional-Aged Youth**

Thursday, April 21, 2022 7:30 - 8:00 pm ET



Brianna Jackson MScN, RN, CPMHN(C)

Nursing PhD student, Research Assistant, &
Teaching Fellow
Yale University

Register here!

Upcoming Webinars 2022

Date: May 19, 2022 – 7:00pm to 7:30pm ET

Topic: Stigma Reduction – Nursing and Psychiatric Nursing Students who Identify with Disabilities

Speakers: Andrea Thomson BScPN, RPN, MPN & Morganna Maylon

Date: June 16, 2022 – 7:00 pm to 8:00 pm ET

Topic 1: Hope by CAMH: An app-based approach to Suicide Safety Planning

Speakers: Nicole Thomson PhD, OT Reg. (Ont.), CHE, CPPS & Lydia Sequeira MHI, PhD

Topic 2: Smart Homes in the Community: A Technological Approach to Mental Health Care

Speakers: Cheryl Forchuk RN, PhD & Jonathan Serrato M.Sc., B.Sc.

Date: September 15, 2022 – 7:00pm to 7:30pm ET

Topic: Using Virtual Simulation Training in Suicide Risk Assessment

Speakers: Christine Bucago RN, MN, CPMHN(C) & Sarah Branton RN, BScN, MScN

Date: October 20, 2022 – 7:00 pm to 8:00 pm ET

Topic 1: A Mental Health and Substance Use Virtual Learning Platform for Service Providers

Speakers: Courtney Devane RN, MN PhD Candidate, Dominic Chan RN, MN Student, & Natasha Parent BA, PhD Candidate

Topic 2: Building mental health nursing skills through virtual education

Speakers: Seonhee McDermott RN, CPMHN(c), MScN & Heather Dunlop-Witt RN, CPMNH (c), MN

Date: November 17, 2022 – 7:00pm to 7:30pm ET

Topic: Improving access to care: Mental Health Wellness Check post-discharge from the Emergency Department

Speakers: Ifat Witz RSW, MA, CHE & Stephanie Lucchese RN, MN

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CFMHN meets with Honourable Carolyn Bennett, MP



On Friday, April 1, Sarah Flogen, President of CFMHN and Danijela Ninkovic, CFMHN member and constituent of St. Paul's riding, together with Sylvain Brousseau, President of the Canadian Nurses Association (CNA) and Lucas Veiga, Lead, Public Affairs at CNA, met with the Honourable Minister Carolyn Bennett, the first federal Minister of Mental Health & Addictions as well as members of her office (see screen shot attached)

The focus of the meeting was the current state of nurses stress ([see attached briefing note](#)).

Danijela and Sarah described how, in a prior culture of professional invincibility, nurses are beginning to name their stressors and needs so the time to act is now.

Main topics of the meeting were: the impact of nurse wellness on teams and health care delivery; the work of the national nurse wellness network; the need for evidence based, non-oppressive treatments when nurses have challenges with substance use. Minister Bennett spoke about a stepped care model for mental health and a national framework for mental health for health care workers. Sarah and Danijela offered support and opened the door to future conversation.

For more on the Minister and her mandate, please see:

<https://www.canada.ca/en/government/ministers/carolyn-bennett.html>

Feedback on Online Training Program Needed



Do you want to help trauma survivors?

We need your **opinion** to assist in the **development of an online training program** for healthcare professionals who work with trauma survivors. This training will aim to improve screening, assessment and intervention skills for post-traumatic stress disorder, prolonged grief, and depression.



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