



2021 MENTAL HEALTH NURSING INTEREST GROUP

ANNUAL GENERAL MEETING

JANUARY 28TH, 2022 FROM 0930 – 1630

VIA ZOOM MEETING

EDUCATIONAL SESSIONS INCLUDE:

1. Anti-Human Trafficking by: Kelly Tallon

With Introduction from Racheal Radyk, Indigenous Nurses and Allies Interest Group Chair

- Create specific modules for nurses who have some trauma-informed care experience and doctors also
 - Potential presentations and triggers in your care
 - Entrenched behaviours and how they can affect the capacity to communicate and professionals understanding of patients, information
 - Safety for both patients and staff with respect to secondary persons and activities
 - Protocols and procedures that may cause difficulty in system navigation for victims/survivors
 - Difference between support for domestic or partner violence victims and sex trafficking and sexual exploitation victims
 - Making sense of what you are seeing, hearing, and sensing without giving you more work to do
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2. Nurses and Forensic Psychiatric Review Board Hearings by: Jean-Laurent Domingue

- Review the functioning of the forensic psychiatric system, particularly how Review Board hearings operate
 - Understand and problematize the role of nurses in Review Board hearing processes
 - Discuss the implications of the study's results for the practice of nurses
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3. Stress, Compassion Fatigue and Building Resiliency by: Mary-Lou Martin

- Describe stress, compassion fatigue and its relevance to resiliency
- Describe the key components and process of building and fostering resiliency
- Reflect on your own abilities, values and beliefs about the connection between resilience and well-being
- Describe evidence-based ways to support resilience in yourself and other nurses in creating a healthy work culture

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