

# Algoma Chapter AGM

9 Minutes of Planning, 1 Minute of Action  
*A Lunchtime Conversation About RNAO & Retirement*



**We will begin shortly.**

**Participant Guide:**

- All participants are muted upon entry to ensure presentation clarity.
- Throughout the event, please feel free to type your questions into the *Chat Window* and one of our speakers will attempt to answer your question at the end of their session.



**RNAO**

Registered Nurses' Association of Ontario  
L'Association des infirmières et infirmiers  
autorisés de l'Ontario

the VOICE for  
registered nurses,  
nurse practitioners  
and nursing students  
in Ontario

# Algoma Chapter AGM: RNAO & Retirement

November 25<sup>th</sup>, 2021

1200-1300

# Agenda

<b>Welcome</b>	1200-1205
<b>Algoma Chapter AGM Updates</b>	1205-1215
<b>Guest Presentation*</b> : Financial Planning & Planning for Retirement with World Financial Group, Jennifer Reid, Marketing Director	1215-1245
<b>Questions</b>	1245-1255
<b>Closing Remarks</b>	1255-1300



# Algoma Chapter AGM Updates

## 2021-2022 Executive

- President: Liliana Bressan
- Membership ENO: Karen Belanger
- Financial ENO: Lorena Bressan
- Political Action ENO: Adrienne Kappes
- Social Media ENO: Olivia Babic
- Communications ENO: Sarah Devoe
- BScN Student Liaison: Irene Amadu-Azomani
- BScN Liaison: Jessica Dugas
- BPSO Liaison: Lyndsay Suurna

**\*\* Vacant Positions: Workplace ENO**

# Algoma Chapter AGM Updates

## Membership Update (Nov. 19<sup>th</sup>)

- Total Members: 400
- NP/RN: 339
- Students: 61



## Financial Update

- \$2/Chapter Member
- Current Account Status: \$1534.06
- Marion Marks Award of \$500 – Sault College
- Membership Installment – February 2022

DEPOSITS - CDN	BALANCE
Chequing	\$1,534.06



# Algoma Chapter AGM Updates

## Communications with Membership

- RNAO Algoma Chapter Facebook Page
  - Followers: 353
  - Posts: > 70 posts
  - Themes: Virtual nursing week prize pack draw, feature Fridays, tip Tuesdays, public health messaging, my vaccine story, self-care tips, virtual fitness classes from YMCA, etc.
- Membership E-mails
  - 9 Emails Distributed
  - 1 Webpage Update
- Student Liaison 'On-Campus' Promotion



**RNAO Algoma Chapter**  
@RNAOAlgoma - Nonprofit Organization

[Send Message](#)

Hi! Please let us know how we can help.

# Algoma Chapter AGM Updates

## Representation of Algoma at RNAO Events

- Annual General Meeting
- Assembly Meetings
  - Fall: Membership
  - Spring: Communications, and Political Action
- Queen's Park Day



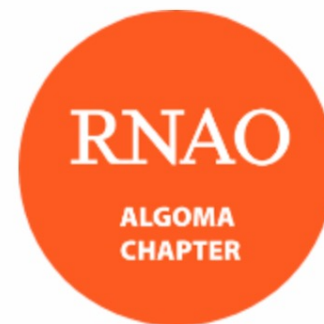
# Algoma Chapter AGM Updates

## Chapter of the Year: Algoma Chapter

The **Chapter of the Year** award goes to a chapter or region without chapters (RWC) that best exemplifies a commitment to RNAO through active promotion, participation and initiation of projects that promote healthy public policy and the role of the RN or NP in its region. The chapter or RWC uses a variety of media and communications tools to effectively engage with its region, influence decision-makers, mobilize RNs/NPs to take action, and increase membership. This chapter or RWC demonstrates strong leadership in its nursing and health-care community, and its activities reflect RNAO's ENDS.

### Algoma Chapter

The Algoma Chapter executive includes Karen Belanger, Lorena Bressan, Adrienne Kappes, Jessica Dugas, Lyndsay Suurna, Irene Amadu-Azomani, Olivia Babic and J'aime-Rose Ferris. Liliana Bressan is the Region 11 board representative involved in the work of the chapter. As a collective, the group brings nursing experience from long-term care, academia, public health and acute care. Winning the Chapter of the Year award brought feelings of excitement, honour and gratitude. Most of the executive joined within the last two years. The group has worked hard to connect NPs, RNs and nursing students to RNAO resources and more. The creativity keeps climbing and the chapter is always looking for new ways to advocate for nursing and health. Despite COVID-19, the chapter hosted online events to promote wellness, and stepped up political action by focusing on mental health supports for nurses, students and community members. Thank you for recognizing our small but mighty efforts this year.





# Algoma Chapter AGM Updates

## The highlights:

- Opioids: The Forgotten Crisis Webinar, May 2020
- Region 11 Virtual Tour & Student Success Series: Speaking Up, Self-Care, and Strategies for Online Learning Webinar, November 2020
- Virtual Chapter AGM: Active Algoma Nurses, November 2020

**RNAO**  
Nursing Week 2020 ~ Region 11 Spring Forum

### Opioids: The Forgotten Crisis

Year	Average number of deaths per day in Ontario from opioid overdose
2016	2.4
2017	3.5
2018	4.0
2019	5.1

**Did you know?**  
On average, five Ontarians die each day from opioid overdose.

Join RNAO's Region 11 executive and four knowledgeable speakers for a **FREE** 1-hour forum on the opioid crisis, specifically around efforts in prevention, treatment, enforcement, and harm reduction.

**Speakers will be joining from:**

- Canadian Centre for Substance Use and Addiction
- META-PHI
- Sault Ste. Marie POLICE
- ACCESS
- Sault Area Health Services

**Student Success Series:**  
*Speaking Out, Strategizing for Success Online, and Self-Care*

**WHERE**  
Zoom – Details Provided Upon Registration

**WHEN**  
Friday, November 13<sup>th</sup>, 2020  
1:00pm – 3:00pm

**WHO**  
Region 11 Student Members, New Grads, and Faculty &  
All Region 11 Membership

**Register FREE Here:**  
<https://myrnao.ca/civicrm/event/info?reset=1&id=922>

**SPECIAL GUESTS:**

- Dr. Bern Gilman, CEO of RNAO
- Centre for Extended Learning, University of Waterloo
- Special Guest Self-Care Speaker

RNAO.ca

**RNAO**

## Algoma Chapter AGM 2020

**Annual General Meeting: Active Algoma Nurses 2020**

**WHEN**  
Wednesday, November 25<sup>th</sup>, 2020  
7:30 pm – 8:30 pm

# Algoma Chapter AGM Updates

## The highlights continued:

- Marion Marks Scholarship, 2021 (Recipient: Nicole Boyer-Roberts, BScN)
- Resolution on Mental Health Support for nurses in all workplaces during provincial crises
- Bimonthly Executive Meetings
- Algoma Vaccine Champions – Amplifying vaccine messaging



# Algoma Chapter AGM Updates

## The highlights continued:

- F.J. Davey Home receives BPSO Designation

### International Affairs & Best Practice Guidelines

- Guidelines
- Implementation Resources
- BPG Impact
- Projects and Initiatives
- Translated Guidelines
- Multimedia Resources
- Spotlight Organizations
- Online Courses
- Get Involved
- Consulting Services
- BPG App
- Contact the BPG Team
- BPG Order Sets

[Home](#) » [Best Practice Guidelines](#) » [Spotlight Organizations](#)

## F.J. Davey Home

### About this BPSO:

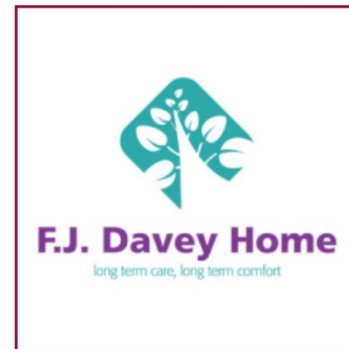
The F.J. Davey Home, located at 733 Third Line East, Sault Ste. Marie, Ontario, is a three level 374 bed long-term care nursing home. The home is designed to care for its residents in a homelike environment within 12 Resident Home Areas (RHA's). Ten of the RHA's accommodate 32 residents each and two of them are home to 27 residents each.

**Continent:** North America

**Website:** [F.J. Davey Home website](#)

### Guidelines Implemented:

[Intra-professional Collaborative Practice among Nurses](#)



# Algoma Chapter AGM Updates

## Upcoming Priorities and Actions

- Winter Self-Care Event for Members (Yoga)
- Amplification of RNAO Action Alerts
- Recruitment of a Workplace ENO
- **Advocacy on:**
  - Mental Health and Addictions Services and Supports
  - Homelessness and housing crisis in the north
  - Health human resources in northern Ontario
  - Health human resource burnout and self-care needs (work-life balance)
  - Climate change and environmental health

**ADVOCACY**

# Financial Education Session

Jennifer Reid, Marketing Director



- Social Service Worker
- Entrepreneur with World Financial Group
- LLQP Certified
- Passionate about teaching others how to oversee their financial future

# Questions and Discussion



# Closing Remarks

- Opportunities exist to get involved in the Algoma Chapter.
- RNAO Algoma Chapter is working on better connecting our nurses and providing support and resources.
- Financial planning is important and starts the first day of your nursing career.
- Your retirement dreams can become a reality with financial and retirement planning. There are numerous resources, representatives, and agencies that can support you.

# Reach Out & Check It Out

- **Algoma Chapter - RNAO**
  - Website: [Algoma Chapter Page](#)
  - Facebook: [RNAO Algoma Chapter Page](#) – Like it!
  - Contact the Chapter President: Lil Bressan, [lil.Bressan@gmail.com](mailto:lil.Bressan@gmail.com)
- [World Financial Group](#)





# Thank You to Our Sponsors!

- OC Beauty – Winner: Kayleigh Affleck
  - Frosted Vanilla Gift Set, \$129.99 value
- Starbucks, Great Northern Road, Sault Ste. Marie – Winner: Matthew Bruni
  - Prize Pack and Gift Card, \$85.00 value
- World Financial Group – Winner: Joan Denley
  - Self-care gift basket



OC BEAUTY



*All names from attendees will be entered into a random selection tool.*

*Winners will be posted to the RNAO Algoma Chapter facebook page and contacted by e-mail for coordination of contactless delivery.*

**Thank You!**

*Stay Safe. Stay Healthy. Stay Positive.*