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Child & Youth Mental Health Care (MH) in Northwest Territories (NT): Supporting NT's MH Unique Needs

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Thursday, November 26, 2020 at 7:00 pm - 8:00 pm E.T.

Session Description:

The Northwest Territories (NT) sit northwest of central Canada, bounded to the east by Nunavut, to the west by the Yukon and to the south by the northeastern corner of British Columbia, as well as the entire northern borders of Alberta and Saskatchewan. To date, has an approximate population of 45,161 people, where its people live in about 33 communities (Statistica, 2020, <https://www.statista.com>). The mental health and community wellness of the peoples in the NT especially the children and the youth are significantly influenced and resulted from many factors that overall put them at a greater risk for mental health challenges.

Learning Objectives:

This webinar will

- offer data on the prevalence of mental health issues on children and youth in Northwest Territories, Canada
- identify barriers to mental health access in the North
- discuss the currently mental health services/practices in the Northwest Territories to address the unique needs of children and youth population
- highlight the work the government of NT is doing to provide child and youth mental health care that is current, respectful, and culturally appropriate

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