

CFMHN Webinar Series

[View this email in your browser](#)

Monthly Webinar Series



[Register Now](#)

Promoting Positive Mental Health in Children and Youth through Caregiver Education

Stephanie McConnell, RN
Health Educator at Alberta Health Services

Thursday, September 17, 2020 at 7:00 pm - 8:00 pm E.S.T.

The Education Team for Children, Youth and Families - Addiction and Mental Health - Edmonton Zone (Alberta Health Services) provides parents, caregivers and community members with free groups and education sessions to increase awareness of the mental health challenges that children and adolescents may experience.

In this sessions, participants will:

- Learn about how the Education Team provides family-centered education and support to parents and caregivers, including how services have grown and changed in response to the recent pandemic
- Identify key messages and strategies to support caregivers in promoting positive mental health in children, youth, and families.
- Discuss considerations when planning and providing education sessions to caregivers.

Visit us at CFMHN.ca

cfmhn@fse1.ca
(905) 415-2220 ext.254
1-866-433-9695

[unsubscribe from this list](#) [update subscription preferences](#)