



RNAO

Registered Nurses' Association of Ontario
L'Association des infirmières et infirmiers
autorisés de l'Ontario

SUDBURY & DISTRICT CHAPTER

GENERAL MEETING -- Minutes

Wednesday December 4, 2019

Caruso Club, 385 Haig Street, Sudbury ON

Present:

David Groulx – President
Paul-André Gauthier – Finance ENO
Maria Casas – Policy and Political Action ENO
Lise Thomas – Membership ENO
Debra Anderson – Social Media ENO/Secretary
Sarah Slack – Student Representative

Dorothy Boyer	Dot Klein	Emily Donato
Glenda Gauthier	Irene Koren	Jeanne Lachance
Jessica Louise A Kind	Joelle Lachance	Julia Burns
Laura Neill	Liisa Toner-Lindsay	Sandra Bertoli

1.0 Welcome

1.1 Call to Order

David called the meeting to order. Introductions were done by the group

2.0 Approval of the Agenda

2.1 Agenda was approved as circulated

Moved by: Maria Casas; **Seconded by:** Irene Koren

Carried

3.0 Approval of the Minutes from: March 26, 2019

Moved by: Lise Thomas ; **Seconded by:** Irene Koren

That the minutes be approved with the following change:

4.1.3 Corrected to Queens Park Day

Carried

4.0 Reports

4.1 President's Report

David recognized and thanked members of the executive for their work.

4.1.1. Presentation

- This is a result of a survey sent out 2 years ago where members wanted a “self-care presentation”
- The aim is to ground people in the moment; help us focus, re-energize and take time for ourselves

4.1.2. Student Award

- David thanked Sarah for moving this forward

4.1.3 Kudos and Concerns

- 15 minutes will be allotted to provide members with a voice at our meetings
- This is an opportunity for our members to talk about new initiatives/programs, voice concerns and celebrate colleagues

4.1.4. Newsletter

- This is a way to increase communication with and reach our members
- Maria spearheads its development based on the report that is sent to RNAO home office
- Members are encouraged to read it and provide feedback

4.1.5. RNAO Annual General Meeting

- Dates are June 11 & 12
- The first call for resolutions was December 16th. Resolutions identify issues that we want RNAO to advocate for. They are an important way to raise important issues and an important part of RNAO advocacy
- There is a call for an expression of interest for voting consultation representatives for the AGM. It is a great learning experience. If you are interested put your name forward, There will be further communication coming from RNAO. RNAO will reimburse some expenses.

4.1.6. Provincial Recognition Awards

- Correspondence from RNAO should have been received regarding nominations for the provincial recognition awards. As well this information is posted on our Facebook page.

4.1.7. Regional Rep

- Liliana Bresnan from the Algoma Chapter is the new Region 11 representative
- A recent meeting of Region 11 chapters was held to discuss challenges in the north and the possibility of hosting a joint webinar open to all regions.

4.1.8 Chapter Vacancy

- Our chapter has a vacancy on the executive for Work Place Executive Network Officer

4.2 Treasurer’s Report

Paul-André presented the following financial report:

Bank Balance – October 31, 2019. **\$4100.03**

The 2019-2020 budget was approved by the executive

4.3 Policy and Political Action Report

Maria presented the following Policy and Political Action Report

4.3.1. Supervised Drug Consumption Site

- Over the past few months, the Chapter has working in the local community, with the support of RNAO home office, to advocate for continued planning and implementation of a Supervised Drug Consumption Site. We have continued to monitor the progress of the City of Greater Sudbury Community Drug Strategy, encouraged Sudburians to participate in the public consultation process, discussed this issue with local MPP's and access local media to help educate the public about the need for such services and to dispel myths about substance use and users.

We are anxiously awaiting the results of the consultation process from the Community Drug Strategy for the City of Greater Sudbury and will continue to support efforts to address harms associated with substance misuse. We are hopeful that the Strategy will proceed and await an announcement in the very near future.

4.3.2. Queens Park on the Road

- As part of RNAO's annual *Queens Park on the Road* event, members of the Sudbury Chapter executive met with Sudbury MPP Jamie West and Nickel Belt MPP/Health Critic France Gelin as over breakfast on October 15th

Each February, members of the Association travel to Toronto to meet with MPPs, Ministers, and the Premier at Queens Park itself. While there, issues of concern are discussed and MPPs are asked to work toward resolving such issues. Additionally, each fall, a similar event is held locally in the consistency to further advocate for the needs of Ontarians,

This year, the local RNAO Executive highlighted the need for locally available supervised drug consumption services and for improved, regulated and funded staffing for Long-term Care Homes.

4.3.3. Resolution

- Most recently, our Chapter president brought to our attention a paper authored by LU Nursing Professors Jeanette Lindenbach and Sylvie Larocque based on Jeanette's research into abuse of vulnerable adults living in the community. The study focused on older adults with dementia at risk of harm or being harmed by family caregivers. David and I met with Jeanette and Sylvie just today to discuss how we can assist in making real change that would help resolve this issue – primarily, the lack of legislation that assists regulated and unregulated

workers, as well as police and other agencies, from acting when they come across signs of abuse in the home environment.

We have agreed to develop a resolution urging RNAO to take an advocacy role in this, as well as, meet with France Gelin, local MPP and NDP Health Critic, to see if we can work together to draft a private member's bill on this very issue.

4.3.4. Queens Park Day

- Our next big event is Queen's Park day which will occur in February in Toronto. Both David and Maria will be attending. And we will provide updates to you through our newsletter and Facebook page.

4.4 Membership Report

Lise provided the following report:

4.4.1 October 31, 2019. RN, NP, CNS. 540

Students 188

728 Members Sudbury Chapter

4.4.2 Banner

- Our Sudbury Chapter has purchased a banner. Laurentian University printers will print the banner and stand for \$275. It can be repaired/replaced for \$75. It is exciting to support local. This purchase was initiated by Dot Klein

4.5 Social Media Report

Debra provided the following report.

- Our Sudbury Chapter Facebook page is active and receives many positive comments. We reach approximately 270/month, with at least 60-70 engagements. Engagements include likes and comments, Popular posts include opioids, our chapter newsletter, student nurses week and nurse practitioner week. Please follow our Facebook page and like/comment on the posts. We want to know what you want to see and this will allow us to better provide you with information that is of interest to you.

5.0 Business Arising

None

6.0 New Business

6.1. RNAO Sudbury Chapter Student Award

Sarah introduced the award

- An award of \$100 will be awarded to an undergraduate nursing student from each of the 3 nursing programs – Cambrian College, Laurentian

University English and French programs. Applicants must be involved in RNAO. The recipient will be chosen by the chapter executive. More information will be emailed in January and the award will awarded at the Nursing Week celebration.

6.2. Kudos and Concerns

- To provide encouragement to all and to stay positive and united despite all the things going on in health care. During our meeting with MPPs, we were encouraged not to blame the hospital but to speak to the ministry – more effective
- Ontario Health Coalition – over 7000 Sudburians signed a petition to increase funding at HSN
- RNAO has 32 special interest groups and these interest groups also have ENOs. Home office does not share membership information. It was suggested that to contact the special interest group via their sites and message them regarding specific issues to be discussed. Special interest groups can bring resolutions forward to the AGM. Members present identified the special interest groups they were members of.

7.0 Next Meeting: Chapter Annual General Meeting: January 28, 2020

Speaker: Dr. Michelle Acorn

Provincial Chief Nursing Officer, MOH/MLTC

Topic: Nursing Leadership in Health Care Transformation

8.0 Adjournment at: 1902

Moved by: Irene Koren; **Seconded by:** Glenda Gauthier that we adjourn.

Carried

Following the meeting, an interesting and interactive presentation on **Introduction To Mindfulness-Based Stress Reduction Practices for Personal and Professional Wellbeing** was hosted by Gary Petingola and Sheila Demore-Petingola

Submitted by:

Debra Anderson,
Social Media ENO/Secretary
RNAO-Sudbury Chapter.