



Winter 2020 Newsletter



Registered Nurses' Association of Ontario L'Association des infirmières et infirmiers autorisés de l'Ontario

Speaking out for nursing. Speaking out for health.

₩NIG

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· Chair Report ·



Hello NRIG Members!

Happy New Year! I hope you all had a restful holiday break and were able to connect with friends and family. Welcome to 2020! A new year and a new decade!

The board has been busy this past fall organizing monthly educational webinars for our members. In December we were privileged to hear from Dr. Connie Schumacher who spoke about her role in the DIVERT CARE Trial. In January, we heard from Meaghan Davey, who presented an excellent introduction to statistical analysis. Both were well attended and received and make an excellent contribution to the educational resources we have available for our members on our website NRIG.CA. If you were unable to attend the webinars in person, feel free to view the presentations by way of our website.

We want to hear from YOU! If you have a suggestion or idea for a webinar, please give us a shout at nrig.chair@gmail.com. We'd love to hear from you! Also, if you'd like to share your research study, findings or research-related activity, we are inviting potential webinar speakers to also reach out to us. This is a fantastic way of disseminating nursing knowledge and research and mentoring novice nurse researchers.



We are nearly ready to launch our spring awards and scholarships program. We have heard from our undergraduate members that funding specific to nursing students is a priority, so this year we have introduced a new Undergraduate Award category. We will again be offering New Member Awards and Conference **Grants**, along with our routine scholarships and grants. We are also offering a graduate award through **RNFOO**. More details are available throughout the newsletter, and, as always, access our website for more information. Our primary objective here at NRIG is to support nursing research, and we look forward each year to financially supporting the innovative and important nursing research being conducted across the province! Please spread the news to your friends and colleagues that applications for these awards will be available soon. Keep an eye out on our website, **Twitter** (@RnaoNrig), Facebook (RNAO Nursing Research Interest Group), and Instagram (rnao.nrig) sites, and through RNAO email.

This year, we're taking a different approach to our AGM. We'll be hosting our AGM online through **ZOOM** this year to make it more accessible to those outside the GTA. We'll present our business report, award winners and new board members through the online platform. Stay tuned for a date and more details. Finally, there are a number of **board positions** up for reelection this year. You can find more details in this newsletter. We're looking for engaged and innovative nurse researchers and nursing students to become involved in the board. This is a fantastic way to build leadership skills, network with other nurse researchers

and leaders across the province and boost your CV! Keep an eye out for a call for nominations, coming early April 2020.

Wishing you all a fantastic winter semester and looking forward to seeing you online at our webinars and AGM.

Sincerely,

Amy Wright NRIG Chair

•Research Webinars •



On December 18, 2019, NRIG was pleased to offer the webinar- The DIVERT CARE Trial, presented by Dr. Connie Schumacher and NRIG board members. Dr. Schumacher is a RN with 25 years of direct clinical experience in emergency, cardiology and community health sectors as well as clinical instructor experience. Dr. Schumacher's research interests include selfmanagement practices in chronic disease and care at transitions, focusing on heart failure, COPD and geriatric populations.



An expert on the interRAI DIVERT Scale, a pre-emptive tool that identifies home care patients at risk for a future emergency department visit, Connie has been actively designing clinical applications for the DIVERT Scale outputs to facilitate uptake and promote practice Current research includes the DIVERT-CARE Trial, the DIVERT-CARE Experiences multiple case study, trends in homecare characteristics and service use, the association of afterhours care and emergency department use in home care populations, and collaboration on a study of immigrants in long-term care change.

The webinar covered topics including knowledge translation and practice change process, developing the DIVERT Scale and related research, the DIVERT CARE Catalyst and Pragmatic Trial, People, Processes & Policy, Practice Change and the DIVERT Clinical Applications Guide for future implementation. The archived webinar can be accessed here.



On January 14, 2020, NRIG was pleased to offer our second webinar- An Introduction to Statistical Analysis by Meaghan Davey. Meaghan Davey is a nurse-epidemiologist and contributes to study

design, conduct and reporting at the Schlegel Centre for Advancing Seniors Care at Conestoga College.

Meaghan specializes in developing sophisticated research which is highly relevant to industry and clinical practice. Her research interests include long-term care, gerontology, and quantitative research.

The webinar was an excellent resource for undergraduate students interested in familiarizing themselves on statistical analysis or for novice & experienced researchers requiring a refresher. webinar covered topics including identifying data, descriptive analysis and analytic tests. The archived webinar can be found on the NRIG.ca website of here.

NRIG would like to extend a big thank you to our webinar presenters!

• Member Spotlight•



Advancing Reminiscence Therapy through Virtual Social Reality **Application** Promote Connectedness of Persons with Dementia:

NRIG's previous executive board member, Dr. Winnie Sun, recently received the Ontario Shores Centre for Mental Health Sciences-Ontario Tech University Joint Funding in Dementia Care 2019. This project aims at developing an innovative, non-traditional framework prototype to improve the implementation of reminiscence therapy for persons with dementia through customized, immersive and interactive virtual reality (VR) experiences.

Reminiscence therapy is a multi-sensory treatment that uses a combination of sight, touch, taste, smell and sound to help persons with dementia (PWD) remember events, people and places from their past lives. Reminiscing about memories can positively impact PWD by empowering an increased self-confidence in their strengths and capabilities. It will also provide PWD with the opportunity to explore with their caregivers about what holds meaning for them.

At the present, mostly conventional, analog media is being used for reminiscence intervention. Enriching the traditional form of reminiscence therapy with VR can empower the caregivers to customize individualized virtual reminiscence experiences, which is expected to help PWD with maintaining and preserving their personal identity during disease progression and challenging circumstances associated with behaviours and psychological symptoms of dementia (BPSD).

NRIG would like to thank Dr. Sun for sharing her research project in the newsletter!

• Student Member Spotlight•



Kendra Cotton is entering her second semester of the Master of Science in Nursing (MScN) program at Western University. She currently works as an RN in neurological rehabilitation at Parkwood institute in London.

This newsletter was created as part of her master's course work in which she identified personal learning goals and created projects to meet those goals. She became interested in nursing research because she believes that nurses are uniquely positioned within the healthcare system to be change agents. The purpose of this newsletter was to learn more about nursing research and the clinical nurse specialist role. Her personal research interests are in health informatics. To view Kendra's Newsletter please see here.

NRIG would like to thank Kendra for submitting this wonderful project!



• Ask a Nurse Researcher Campaign •

#AskNurseResearcher is our new social media campaign that launched on Twitter January 10, 2020 to inspire researchers, connect researchers, and promote networking and collaboration.

Some of the most trending questions and answers are highlighted.

Posted by NRIG: What are your tips for successful interprofessional collaborations in research?

"I believe we can learn to think differently about issues and how we provide care by engaging in dialogue and out of the box thinking" - Sue Bookey-Bassett @suebb934

"I have learned so much from my nursing colleagues! I think respect for disciplinary differences and strengths is so important and I think this goes beyond project collaboration. I think it means sharing our interprofessional colleagues work via Twitter & via other means is important." - Melissa Kimber @mel kimber

Posted by @ckwhrn: Advice for new researchers on how to fight imposter syndrome?

"When I'm super impostery I re-read encouraging emails and cards people have sent me in the past that I strategically saved for the moments when imposter syndrome hits. And talk it out - sometimes saying your fears out loud makes you realize they are not true." -Caitlin McArthur @McArthurCaitlin

"The imposter syndrome is real and seems to disproportionately affect women. I like to talk it out with my trusted colleagues when I'm feeling this way. Remind myself of my strengths. Move along. Read @professormaja book – any additional advice you could give Prof Maja? – Melissa Northwood @northwoodRN

"Realizing nobody has it all figured out and if they act like they do, they're faking." - Kate Kemplin @katekemplin

"Not just for new researchers...You are an expert in your experience, own that. Believe in what you know but be aware of what you don't. Don't feel like you need to know everything, & don't pretend you do. Be curious. Ask questions. Be genuinely interested in others' perspectives."- Margaret Saari @trifectaRN

"Everyone has a different path, I can't compare mine to someone else's. It's hard though, I think we all struggle with this one." – Amy Wright @Amy_Wright NNP

Posted by NRIG: Hey student nurses @jenncano1 What value have you found in participating in research during your studies?

"Great Q! It's opened my eyes to other paths in nursing, helped me build relationships with profs (amazing mentors!), and strengthened my skills in lit searches and





writing which makes life a bit easier getting those assignments in."- Jennifer Cano @jenncano1

Thank you to all who participated in the campaign! We will be continuing the #AskNurseResearcher media campaign and the most trending questions and answers will be posted in the Spring 2020 newsletter.

Respectfully Submitted, Melissa Northwood, NRIG Member-at-Large-NRIG Social Media



• Scholarships and Awards •



The Nursing Research Interest Group offers financial support in the form of a competitive scholarship and research grants program to members engaging in research. This year we are very pleased to continue to be able to support ongoing research and scholarship of NRIG members. A total of 10 scholarships and research grants will be available to NRIG members.

We are proud to announce the 2020 NRIG **Awards, Scholarship and Grants:**

Conference Grant: 2 x \$500

The NRIG Conference Grant will be awarded to a NRIG member who is attending or presenting at a conference (preference will be given to NRIG members presenting at a conference and those who have no alternative conference funding). Applicants must be a member of NRIG for a minimum of 2 years.

Undergraduate Award: 2 x \$250

The NRIG Undergraduate Award will be awarded to an NRIG member who is currently enrolled in an Undergraduate Nursing program. Applicants must be a member of NRIG.

New NRIG Member Award: 2 x \$500

The New NRIG Member Award will be awarded to a new NRIG member who is currently enrolled in a Master's or PhD program (preferably in nursing) or who is a novice nurse researcher (defined as a nurse who has completed their Master's or PhD degree within the past 5 years). Applicants must be members of NRIG for less than 2 years and must agree to maintain NRIG membership for a minimum of one year.

NRIG Scholarships: 2 x \$1500

The NRIG Graduate Scholarship will be awarded to an NRIG member currently enrolled in a PhD or Masters program, preferably nursing. Preference will be given to NRIG members who have not received a previous





scholarship or grant. Applicants must be members of NRIG for a minimum of 2 years.

NRIG Research Grant (PhD Student): 1 x \$3000

The NRIG Research Grant will be awarded to an NRIG member currently enrolled in a PhD program, preferably nursing. Preference will be given to NRIG members who have not received a previous scholarship or grant. Applicants must be members of NRIG for a minimum of 2 years.

NRIG Research Grant (Novice Researcher): 1 x \$3000

The NRIG Research Grant will be awarded to a NRIG member who is currently a New Investigator (defined as a postdoctoral fellow or a researcher who has obtained their MN or PhD within the last 5 years). Preference will be given to NRIG members who have not received a previous scholarship or grant. Applicants must be members of NRIG for a minimum of 2 years.

The application process will open in February 2020. For more information and access to application documents, please see the NRIG website: www.nrig.ca.



Registered Nurses Foundation of Ontario

The Registered Nurses' Foundation of Ontario enhances and advances nursing practice, and contributes to the health of individuals by raising funds and stewarding sound investments to provide awards and scholarships to Ontario nurses and nursing students in all programs including RN, RPN, RN-EC. Awards and Scholarships are available for study at the certificate, diploma, undergraduate, and graduate levels.

The awards and scholarships administered by RNFOO are funded by contributions from individuals, estates, corporations, and organizations (Registered Nurses' Association of Ontario (RNAO) Interest Groups support many of the available awards). Currently, there are 52 awards available, with a total value of more than \$68,000.

The Nursing Research Interest Group (NRIG) is pleased to offer and award (1 x \$1,000), to support a graduate nursing student who is in the process of completing thesis research. Preference will be given to Masters level students. Applicants must be members of the RNAO Nursing Research Interest Group for a minimum of two years and submit a completed research proposal.

Applications for RNFOO Awards and Scholarships must be submitted on-line through the RNFOO website: www.rnfoo.org. Monday January 20th, 2020, 4pm EST: deadline for completion of the online application. For more information on the NRIG award and other awards offered by RNFOO please see here.





Respectfully Submitted, Valentina Donison, NRIG Communications Officer-Newsletter



• NRIG Executive Nominations •

Call for Nominations on the NRIG Executive

Join the NRIG team! We are seeking nominations for the following 5 positions on our executive team, available in June 2020.

Membership Executive Network Officer (2-year term):

Responsible for recruiting and retaining members to the group:

- Engages and encourages existing members to get involved
- Maintains up-to-date membership numbers by contacting RNAO

Policy & Political Action Executive Network Officer (2year term):

Responsible for the group's advocacy efforts:

Meets with politicians as part of Queen's Park Day and Queen's Park on the Road (QPoR)

Provides a strong voice for nursing during elections, by connecting with candidates and organizing health---care all---candidates debates.

Member-at-Large-Social Media (2-year term):

Maintains NRIG communications on social media sites (such Twitter, Facebook and Instagram)

Student Representative (1-year term):

- Provides the student perspective to the executive team
- Connects to the nursing student community through outreach and encouraging other students to join and get involved in the group activities.

Secretary (2-year term):

• Keeps accurate records (minutes) of all NRIG executive meetings.

For more information please visit our website www.nrig.ca or email nrig.chair@gmail.com.



• Student Corner •

The student representatives have been busy contacting RNAO chapter nursing schools across the province. While based in Toronto, we are hoping to give all nursing students in Ontario the opportunity to get involved with NRIG. We have reached out to 14 Ontario schools, sharing promotional materials in English and French (if requested), to spread the word about how nursing students can join NRIG. Our new French flyer can be accessed on request for anyone who is interested in learning about the opportunities in French language. For any information regarding our bilingual flyers can be requested at <u>nrig.studentliason@gmail.com</u>. We are also planning to do tabling events at Humber College and University of Toronto in upcoming months and are looking forward to planning other activities in the New Year to increase awareness about NRIG and our upcoming scholarship and webinar opportunities!

Respectfully Submitted, Jennifer Cano and Rupinder Kaur, NRIG Student Representatives









• Upcoming Opportunities •



The Social Sciences and Humanities Research **Council Connections Grant**

The SSHR Council Connections Grant, offers up to \$25,000 for event or outreach activities. It also includes a special call with Canadian Heritage on an Initiative for Digital Citizen Research, which is broadly focused on developing better understanding of impacts of online disinformation; building capacity to conduct research in this area; and fostering a community of research in this area. Deadline to apply is February 2nd, 2020. For more information please see here.



Parkinson's Canada

Parkinson Canada's grants competition is open. Competitions include: Pilot project grants (1 year, \$50,000): targeted competition progressive supranuclear palsy (1 year, \$50,000); New Investigator Award (two years, \$450,000 per year); clinical movement disorders fellowship (one year, \$50,000); clinical research fellowship (two years, \$50,000 per year); and graduate studentship award (two years, \$10,000 per year). Application deadline for all grants is February 3rd, 2020. For more information please see here



The Canadian Celiac Association

The Canadian Celiac Association offers both the Dr. J.A. Campbell Young Investigator Award and Research Awards both have deadlines of February 14, 2020. Research topics of interest include any applied science/clinical work, including socio-economic implications of delayed diagnosis and/or living with the condition(s). Deadline to apply for both awards is February 14th, 2020. For more information please see here.



Spina Bifida and Hydrocephalus Association of Canada

The Spina Bifida and Hydrocephalus Association of Canada supports research conducted in Canada. Grants typically awarded range between \$10,000-\$25,000. The number of grants awarded yearly will depend on the size of the grants. Larger projects that require multi-year funding will be considered for a maximum of three years subject to the receipt of a satisfactory annual interim progress report. The deadline to apply is February 28th, 2020. For more information please see here.







The American Institute for Cancer Research

The American Institute for Cancer Research grant program is interested in the effects of diet, nutrition, body composition and physical activity on cancer risk and outcomes. Letter of intent submission deadline is January 24th, 2020 with full application due May 15th, 2020. For more information please see here.



International Association for the Study of Pain

The International Association for the Study of Pain Early Career Research Grants facilitates a development of young researchers just starting their careers as independent investigators. Multiple grants are available for (US\$20,000) per grant. The competition is open to members who are within 6 years of having received final degree. Deadline is February 5th, 2020. For more information please see here.

Johnson Johnson INNOVATION

Johnson and Johnson Innovations

Johnson & Johnson Innovation is calling for proposals for the "Invisible Shield QuickFire Challenge". This challenge calls for innovative ideas for solutions that repel and protect against airborne viruses while integrating seamlessly into everyday life. Up to US\$200,000 will be awarded in addition to mentorship. Application deadline is Feb 14th, 2020. Please see here.

Genentech

Genentech Research

Genentech offers scientific project support for general research, translational research, other research or development projects, and/or other initiatives of research organizations, labs and academic institutions.

Applications are accepted on a rolling basis but must be submitted at least 60 days before the project/program start date. For more information please see here.



American Gastrointestinal Association

The American Gastrointestinal Association has three student travel awards to attend Digestive Disease Week open to members of the AGA. There are 14 AGA Student Abstract Awards (US\$500-\$1000) and 14 AGA Fellow Abstract Awards (US\$500-1000). Also, there are two AGA-Moti L. & Kamla Rustgi International Travel Awards (US\$750) Application deadline for all awards are due on February 26th, 2020. For more information please see here.



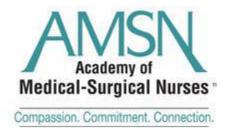






Mitacs Accelerate

Mitacs Accelerate accepts applications throughout the year. The competition is open to doctoral students and fellows. Students post-doctoral partner with supervising professor and a partner organization to develop a research project. Partner funding is required. Funding begins at \$15,000 for 8 months. For more information please see here.



The Academy of Medical-Surgical Nurses

The Academy of Medical-Surgical Nurses offers research funding to its members. Applications are accepted year-round. The Nursing Research Grant is up to \$10,000 and the Cecelia Gatson Grindel Evidence-Based Practice Grant is up to \$10,000. For more information please see here.

Banting Research Foundation

The Banting Research Foundation's Discovery Award is a one-year grant of up to \$25,000 for innovative health and biomedical research by early investigators. At least six awards will be made. Application deadline is February 14, 2020. For more information please see here.



The Canadian Cancer Society

The Canadian Cancer Society Research Institute travel award has up to 10 travel awards, and the maximum award is \$2,000. Eligible expenses include conference registration, accommodations and transportation. Application deadline is January 15, 2020. For more information please see <u>here</u>.

The CCSRI Emerging Scholar Award letter of intent award is open to applicants who are within 5 years from the start date of their first academic appointment. Funds available: \$120,000 per year, tenable for 5 years. Up to 15 awards will be made. Junior investigators may also apply for a travel award to come to Toronto to observe a





grant panel meeting. Submission deadline: Rolling (1 month prior to panel meeting date – eligible panel dates here.

The CCSRI Emerging Scholar Award letter of intent deadline is February 5, 2020, with full application due June 30, 2020. For more information please see here.



The Banting and Best Diabetes Centre

The Banting and Best Diabetes Centre (University of Toronto) has several funding opportunities, including Annual trainee awards (due January 21, 2020), postdoctoral fellowships (due February 25, 2020), and Trainee Travel awards (due April 21, 2020). For more information please see here.



SickKids

SickKids Community Conference Grants application supports evens organized by or for families with children with health challenges. Application deadline is January 31, 2020. For more information please see here.



The New Frontiers in Research

The New Frontiers in Research Fund (NFRF) Transformation program is now open. Value: minimum \$2,000,000 per year including indirect costs; maximum \$4,000,000 per year including indirect costs. Duration: up to 6 years. The number of awards depends on amounts requested in successful applications. Grant start date is March 2021. An English webinar will be held January 21, 2020, 1-3 pm eastern (link not yet available). This grant will fund large-scale Canadian-led interdisciplinary research projects that address a major challenge with the potential to realize real and lasting change. All stages of application are made through the Convergence portal; the NOI is open. Notice of intent deadline is February 18, 2020. Letter of intent deadline is April 15, 2020. Full application deadline is November 18, 2020. For more information please see here.



The Canadian Donation and Transplantation Research Program

The Canadian Donation and Transplantation Research Program Research Innovation Grant Competition Funds available: \$450,000; maximum per grant, \$30,000, enough to fund 15 grants. Application deadline is February 19, 2020. For more information please see here.







The Canadian Child Health Clinician Scientist **Program**

The Canadian Child Health Clinician Scientist Program training path competition opportunities are available for doctoral and post-doctoral students to be funded for up to 4 years. Career development (for doctoral scientists within three years of completing training) and a travel award are also available. Application deadline is April 1, 2020. For more information please see here.



Mitacs

Mitacs Canadian Science Policy Fellowship application is for Canadian citizens or permanent residents holding a PhD at the start of the fellowship. Successful applicants will work full-time for 12 months at a salary of \$70,000 - \$80,000. Fellows also have access to professional development training and networking opportunities. Past hosts have included the Federal and Provincial governments and CIHR. Application deadline is February 5, 2020. For more information please see <u>here</u>.



The Canadian Longitudinal Study on Aging

The Canadian Longitudinal Study on Aging has a data access program. Next submission deadline is February 12, 2020, then June 17, 2020, and the last of 2020 will

be October 7, 2020. Current fee is \$3,000 for Canadian researchers; trainees can apply for a fee waiver. For more information please see here.



Brain Canada Foundation

Brain Canada Foundation 2019 Platform support grants are now open. Funding supports operations and maintenance of research platforms. Registration deadline is February 4, 2020, and full application deadline is March 10, 2020. For more information please see here.

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Alzheimer's Association

The Alzheimer's Association Part the Cloud Gates 2020 Partnership grant program focuses on bioenergetics/mitochondria, clearance related, vascular contributions, and inflammation clinical trials. Letter of intent deadline is January 6, 2020. Application (invitation only) is due March 2, 2020. For more information please see here.



National League for Nursing

The NLN Nursing Education Research Grants program competition is open to NLN members (either individual or institutional). Research must address one of the





League's priorities. Application deadline is February 6, 2020. For more information please see here.

Johnson-Johnson

Johnson & Johnson

The Johnson & Johnson Nurses Innovate QuickFire Challenge in Oncology is now open. This challenge is focused on oncology. Up to \$100,000 in funding is available, plus mentoring and access to the JLABS ecosystem. Nurses are invited to submit innovative ideas aimed at improving oncology care – including but not limited to prevention, early detection, treatment, and care for cancer survivors. Application deadline is February 7, 2020. For more information please see here.



The Leukemia and Lymphoma Society of Canada

The Leukemia and Lymphoma Society of Canada is calling for proposals for the Clinician Scientist Fellow Award. Letter of application deadline is January 8, 2020, with full application (by invitation) due February 18, 2020. For more information please see here.



Canadian Institute of Health Research

The Canadian Institute of Health Research has several grant opportunities:

- ❖ The CIHR Institute for Gender and Health is offering travel awards for students to attend the Organization for the study of sex differences annual meeting 2020. Funds available: up to \$3,500. Application deadline is February 3, 2020. For more information please see here.
- Team Grant: Canada-EU Smart Living Environments - Transitions in Care. Read the full opportunity details carefully. This funding opportunity will support research related to these areas: Changing health status or care and key populations to optimize transition in care outcomes. Funds available to the Canadian component of the team from CIHR: \$1,920,000, enough to fund up to two grants. Maximum amount per grant is \$240,000 per year for up to four years. Canadian applicants must obtain partner contributions equivalent to a minimum of 30% of the total amount requested; a minimum of half of that contribution (15%) must be in cash. Application deadline is April 22, 2020. For more information please see here.





SAVE THE DATE!



The Canadian Association on Gerontology annual scientific and educational meeting will be held in Regina, SK. The theme is "Closing the researchpractice gap". Abstract submission opens in January 2020.

Date:

October 22-24, 2020.

Location:

Regina, Saskatchewan For more information please see <u>here</u>.

SAVE THE DATE!

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Legacy 2020 Research Conference, "Honouring our Past, Creating our Future" will be held in London, ON, May 7-8, 2020. Abstract submission deadline has been extended to January 20, 2020.

For more information please see here.

SAVE THE DATE!



The Canadian Association of Perinatal and Women's Health Nurses annual meeting will be held in Winnipeg, MB, September 24-26, 2020. Abstract submission deadline is January 31, 2020. The theme is "Embracing evidence-informed practice, familycentered care and cultural humility".

To register please see here.

• 2019-2020 NRIG Executive Members •

Chairperson

Amy Wright

❖ The chair and chair elect can be contacted at NRIG.chair@gmail.com

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Charlene Chu

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Michelle Heyer

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