

# RNAO Region 7

## newsletter )))

Fall

2019

Issue # 1

### Greetings on behalf of the Region 7 Executive team!

It is a great privilege to represent you at the RNAO Board of Directors. In the world of uncertainty and instability, RNAO has been steadfast, leading the way in speaking out for Health and Nursing. In this critical juncture, I'm committed to represent Region 7 and speak on behalf of the Region's members on issues concerning Health and Nursing. Ultimately, as a collective, nurses are and will continue to effect positive impacts for the people we serve and care for.

As the new Region 7 President, I'm honoured and delighted to be working with a group of talented and passionate team of executives. As a new team, we have been hard at work in planning exciting activities to engage you - our members, politicians and the community we serve. Some of the activities we have for you includes a Paint Night in October, a Fall Tour with Dr. Doris Grinspun in November, and our annual December Celebration.

In addition to the local Region 7 activities, we have been closely linked and strategically engaged with the RNAO Home Office, representing you, influencing healthy public policies and shaping the future of the Health System. Some of the events we participated in include the September Board of Directors and the Fall Assembly meetings.

The Region 7 executive team is committed to be the vital link between you and the RNAO Home Office, providing opportunities for you to learn about, express your views on, and discuss issues related to Nursing and Health. I personally look forward to meeting you. Please let us know if you have any suggestions on how we can do better. Thank you.

Sincerely,  
So-Yan Seto RN PhD  
Region 7 President

### In this issue:



Greeting on behalf of  
Region 7 Executive team!  
page 1

# Update on Region 7 Election

Region 7 election is finalized and following are elected chapter executive team:

**President and Region 7 BOD representative:** So-Yan Seto

**Past president:** Lhamo Dolkar

**Assembly representatives:** Selvi Krishnadasan

**Finance executive network officer:** Lhamo Dolkar and Priscilla Packiam

**Political executive network officer:** Violet Rawlins

**Communications executive network officer:** Sonia Chin and Marjan Kasirlou

**Membership executive network officer:** Amanda Mayock and Erin McPherson

**Social Media executive network officer:** Felicia Lau

**Workplace liaison executive network officer:** Michelle Simpson

**Student representatives executive network officer:** Tom Brener and Thea Tan-Durago

**ATP Lead:** Janson Chan



Update on Region 7 Election  
page 2

We appreciate to hear from members of Region 7 - Toronto East Chapter. You can write to us through link below:

[https://chapters-igs.rnao.ca/contact/contact\\_group?gid=2](https://chapters-igs.rnao.ca/contact/contact_group?gid=2)

## RNAO Platform for Federal Election

### Health Matters

October 21, 2019 we are responsible for electing a new Federal Government. The Registered Nurses' Association of Ontario (RNAO) is asking you to vote for your health. RNAO's Platform is for a Healthy Canada and are suggesting a focus on:

#### Access to Health Care

Expand Medicare by providing National Pharmacare, Dental Care and Home Care services  
Expand the scope of practice for Nurses  
Re-Instate a National Chief Nursing Officer  
Improve same day or next day access with a Primary Care Provider.

#### Social Determinants of Health

Respond to opioid overdose crisis which has claimed the lives of nearly 12,000 Canadians over the past three years.

#### Establish a new and respectful relationship between

##### Indigenous and non- Indigenous Canadians

RNAO urges nurses and the public to vote for candidates that commit to re-establishing a relationship with Canada's Indigenous peoples in accordance with the principles of reconciliation set out by the Truth and Reconciliation Commission.

##### In Canada – Indigenous Women and girls disappear and deaths are happening.

RNAO urges nurses and the public to vote for candidates that commit to implementing the "Calls for Justice" of the National Inquiry into the Missing and Murdered Indigenous Women and Girls.



RNAO Platform for Federal  
Election  
Page 2

### **Make the right to housing a reality**

RNAO urges nurses to vote for candidates that commit to making the right to adequate housing a reality by providing federal leadership and investments that include eliminating the number of households with core housing need and eliminating homelessness.

### **Environmental Determinants of Health**

Develop and implement a comprehensive climate action plan. Climate change has led to the spread of Lyme Disease and West Nile virus.

### **Fiscal Capacity**

Increase the federal share of public health expenditures. RNAO urges nurses and the public to vote for candidates that commit to increasing the federal share of total health-care expenditures.

### **Fair Taxation**

RNAO urges nurses and the public to vote for candidates that commit to ensuring corporations and individuals pay their fair share of taxes.

Sonia Chin, RN, BAS, BScN, MEd.

RNAO Region 7 Communications Executive Network Officer

## **RNAO's CEO, Doris Grinspun Fall Tour in Region 7**

Region 7 - Toronto East Chapter will be hosting RNAO's CEO Doris Grinspun. All members of region 7 are being cordially invited to meet with Doris in friendly environment to discuss about nursing, health and healthcare issues. RNs, NPs and nursing students play a key role in healthcare and are front line in service delivery. Your voices matter.



Region 7 to host Doris Grinspun on her Fall Tour  
page 3

## **Past Events**



Assembly Meeting (Membership/Communications)

Sat, 2019-09-14 08:30 - 16:30

Chelsea Hotel

33 Gerrard St W M5G 1Z4

Toronto, ON

Executive team of Region 7 attended the business meeting along with other Regions/Chapters and Interest groups. The Assembly Representative reported on the activities for Region 7.

We speak out for health of Canadian and advocated for nurses.





Paint Night with RNAO Region 7  
 October 7, 2019  
 7:00 pm to 10:00 pm  
 L'Amoreaux Community Centre - Park Room  
 2000 McNicoll Avenue, Scarborough, ON

Region 7 Executive team dedicated to enhancing the quality of services to nurses and engage more nurses. To accomplish continuous quality improvement, we appreciate the feedback we receive from nurses who participate in events. Here is feedback during the paint night event. Several attendees wanted paint night to be a monthly event.  
 "Paint Night was a huge success and we had a fantastic turnout."  
 "The evening relaxed me so much that I felt like I just left a good massage and spa!!"



## Get to Know Region 7 Executives:

	<p><b>So-Yan Seto</b>          President and Region 7          Board of Directors          Representative,          Public Health          Administrator</p>		<p><b>Lhamo Dolkar</b>          Past President and          Finance Executive          Network Officer,</p>
	<p><b>Selvi Krishnadasan,</b>  <b>RN, MN, BScN</b>          Assembly          Representatives,          Long Term Care Nurse</p>		<p><b>Priscilla Packiam</b>          Finance Executive          Network Officer,          LTC/CCC Nurse          Clinician</p>

## upcoming events:

### RNAO's CEO, Doris Grinspun Fall Tour in Region 7

Guest Speaker: Doris Grinspun, CEO, RNAO

Topic: Nursing Issues










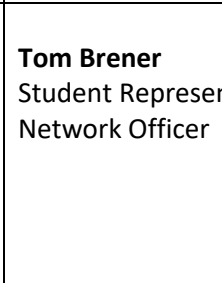
Location: North York Central Library - Meeting Room 101

Date: November 29, 2019  
 TIME: 7-9pm

TRANSPORTATION: 4 blocks north of Yonge & Sheppard Station (subway). Paid parking garage available

For more information visit:

<https://chapters-igs.rnao.ca/chapter/2/email-archive>

	<p><b>Violet Rawlins, RN, BScN. MN. DHA/Ph.D. GNC (C)</b> Policy &amp; Political Action Officer, Professor &amp; Clinical Educator of Colleges &amp; Universities, Ontario</p>		<p><b>Janson Chan, RN, MHSc. (Candidate)</b> ATP Lead Public Health</p>
	<p><b>Sonia Chin, RN, BAS, BScN, MEd.</b> Communications Executive Network Officer, Public Health Nurse</p>		<p><b>Marjan Kasirlou, RN, BScN, MBA</b> Communications Executive Network Officer, Peritoneal Dialysis Primary Nurse</p>
	<p><b>Amanda Mayock, RN, BScN</b> Membership executive network officer, Flight Nurse</p>		<p><b>Erin McPherson, RN, BSN, MSN</b> Membership executive network officer, 17 years of nursing practice, including women's health, critical care and nursing education</p>
	<p><b>Felicia Lau, BScN, RN</b> Social Media Executive Network Officer, Paediatric Nursing - Specialized Orthopaedic and Developmental Rehab, Oral and Maxillofacial Surgical Nurse</p>		<p><b>Michelle Simpson, BScN, RN, MSN, CCHN(c)</b> Workplace Liaison Executive Network Officer, Public Health Nurse</p>
	<p><b>Thea Tan Durago, RN, BScN</b> Student Liaison Executive Network Officer, Cardiology Nurse</p>		<p><b>Tom Brener</b> Student Representatives Executive Network Officer</p>

Registered Nurses Association of Ontario  
158 Pearl St, Toronto, ON M5H 1L3

<https://chapters-igs.rnao.ca/chapter/2/about>