

Retired Nurse Interest Group

newsletter)))

July 2019
Issue 4

“Wisdom and Resilience- The Retired RN”

Notes from the Chair- Getting Ready for a Great Upcoming Year:

We have had a great couple of months since last we communicated. This year our Webinars were a great hit (last one in February on mentoring had 35 sites registered).

We want to continue with this format for the 2019-2020 year. We would appreciate your ideas of topics. To date we were thinking of the following topics:

- a. **Under housing/homelessness in the elderly population**
- b. **Update on Will Planning – have you thought of all scenarios?**
- c. **Starting your own business post retirement**
- d. **Follow-up on CNO presentation at RetNIG AGM**

If any of these topics are of interest or you have other ideas let us know by end of August 2019. Communicate through RNAO-Interest Groups- RetNIG

Our AGM in April 2019 was a huge success. We had 22 attendees- big difference from the 1 person who attended with the executive last year!

The College of Nurses presented on “**Are you practicing nursing?**” and provided many insights that surprised us. For example, if you volunteer and are asked to participate specifically due to your nursing knowledge – then you are practicing nursing and require an active registration!!

We are planning to have the College back this year as one of our Webinars-

.. retiring from your primary career is not merely an act of ending, but, more opportunistically and relevant, an act of commencement and of the promise of a meaningful future.
Alan Spector, After the Cheering Stops

keep an eye out for this.

Cruise with RetNIG- Update

We have had great problems in trying to book a dinner Toronto Island cruise as we cannot get a clear commitment from at least 20 individuals to confirm a date and time.

We have contacted **Yankee Lady Yacht Charters** to enquire as to a **Saturday lunchtime cruise**.

The cost is \$65 + HST and a \$6.00 service charge.

We are looking to see if we can confirm a few of us as going (possible **dates August 17th or Sept 7th at 1230 pm**). If we can get at **least 5 confirmed (and paid) individuals** we will invite everyone else to book individually and just let us know. We will keep you posted on this.



Membership:

As of the end of May 2019 we had **698 members**. Of this; **103** are RN/NP and **595** are students. We hope to keep increasing this number. **Given the number of students who are members we realize there is a rich opportunity to provide mentorship**. We are in discussions with RNAO Home Office to see how best to do

Finances:

As of May 31, 2019, our bank balance was:

\$ 2, 458.52, before AGM expenses.

Our only source of finances comes from membership. With more members (\$15.00/year) we have more funds and can offer more opportunities for our members.

Elections for 2019-2021 Executive:

A call for interest went out to our members on **June 11, 2019** for a 2-week period (ending June 25th).

We are looking for candidates for **Chair Elect; Membership; Finance and Communication**.

Any position that has more than one candidate ,who meets the requirements, will result in a one member- one vote to elect our new Executive.

Keep posted to our website; Twitter and Facebook around this process. Emails for any potential elections will be sent out by email.

A Final Word:

Current government policies have resulted in some concerns and Action Alerts sent out through RNO Home Office. Please read the information coming from Home Office and add your name to Action Alerts; speak with your MPP and Tweet on issues you feel effect you, your community and Ontarians.

Many of us may be retired but we are active citizens and decisions made now may impact us directly or at very least future generations (our children and our grandchildren).

Please stay informed.

Submitted by
Rhonda Seidman-Carlson
Chair RetNIG

**Please remember to follow us on Facebook and Twitter.
Our social media information can be found below:**



<http://rno.ca/connect/interest-groups/retired-nurses-interest-group-retnig>