



# RNAO

Registered Nurses' Association of Ontario  
L'Association des infirmières et infirmiers  
autorisés de l'Ontario

## SUDBURY & DISTRICT CHAPTER

With the start of 2019, we are issuing our second newsletter.

As feedback on our December inaugural issue was positive, we will continue to communicate to our members on happenings within the Chapter and beyond, through this forum.

If you have news you would like to share through our newsletter, please forward these items to Maria at [mcasas@rnao.ca](mailto:mcasas@rnao.ca).

### ENGAGING WITH NURSES & NURSING STUDENTS

This past fall, the Chapter welcomed new provincial President Angela Cooper Brathwaite to Sudbury. Angela visited Laurentian University's School of Nursing to present the work of RNAO to professors, administrators, and students.

Angela's visit received much attention including coverage on CBC radio, CTV, Northern Life, The Sudbury Star, and KISS radio. Interviews covered RNAO perspectives on various health topics.

The Chapter also helped sponsor the Laurentian University School of Nursing's 50<sup>th</sup> anniversary celebration, which provided an opportunity to speak to fellow nurses and nursing students.

We also supported over 60 second and third-year nursing students to attend a session on RNAO's Best Practice Guidelines program.

### SPEAKING OUT ON EMERGING ISSUES

In February, Chapter President David Groulx and Policy ENO Maria Casas attended Queen's Park Day in Toronto. Held annually, this event provided an opportunity for us to highlight issues including Safe Injection/Overdose Prevention Services, RN scope of practice, Indigenous Health, as well as the need for improved staffing levels in Long Term Care Homes.

David and Maria joined Paul Andre Gauthier, representing the Clinical Nurse Specialists Association of Ontario, for breakfast with MPP Jamie West.

As in past, Jamie supported our issues and will continue to press for change.



David Groulx and Jamie West at breakfast

Later in the day, the Assembly received presentations by the Minister of Health & Long Term Care, Christine Elliott, and, representatives of the NDP, Liberal, and Green parties. Presentations were followed by an opportunity for members to ask questions.



Paul Andre Gauthier speaks about RN Scope of Practice and initiation of psychotherapy.



Minister of Health & Long Term Care Christine Elliott addresses the RNAO Assembly



Maria Casas requests a commitment to implementing a minimum and meaningful staffing standard for Long Term Care

## HEALTH OF NURSES



Emily Zanini

At our Chapter Annual General Meeting, held at the Caruso Club in January, guest speaker Emily Zanini, of the Canadian Mental Health Association, discussed Post Traumatic Stress Disorder (PTSD) and self care for nurses.

The event was well attended, and the topic generated a lot of discussion.

## PROVINCIAL ANNUAL GENERAL MEETING

In December, we collaborated with the Rainbow Nurses Interest Group, Community Health Nurses Interest Group, Paediatric Nurses Interest Group, and Maternal Child Nurses Interest Group to develop a resolution in support of implementing the new sexual health curriculum, rather than reverting to the old one as directed by the current Progressive Conservative government.

The resolution received almost unanimous support from the members of each of these groups and will be presented for a province-wide vote at the upcoming AGM in April.

Speaking of the Annual General Meeting, President David Groulx will be attending the Toronto meeting accompanied by members Irene Koren, Mariana Markovic, and Lise Thomas as voting representatives.

## CONNECT WITH US

We welcome your feedback. Contact us at [rnaosudbury@gmail.com](mailto:rnaosudbury@gmail.com).



You can also follow us on Facebook.