



COMMUNIQUE



Your Executive at Work!



“Sometimes I inspire my patients; more often they inspire me”

unknown

Getting ready for the Sept meeting!

Hard at work are:

Ellen Shipman :President

Erin Rajhathy: Policy &Political Action

Heather MacDougall : Membership

In this Issue!

1. Messages from the Board Rep and President
2. Region 10 in action
3. Sept award pics
4. Call for Executive positions!
5. What's happening for the rest of 2019 !

Message from the Board Representative!

This is my last term as your representative to the Board of Directors (BOD) and I encourage all of you to consider putting your name forward to join the Region 10 Executive Committee. The call for nominees for the BOD has already gone out .As I have stated before, one of my primary goals as your Regional Rep is to bring your voices to the RNAO Board of Directors and concurrently the reverse. If you have any questions, concerns or other items that you wish to discuss please do not hesitate to contact me at wpearson@rnao.ca

Wendy Pearson

Meet your Chapter President!

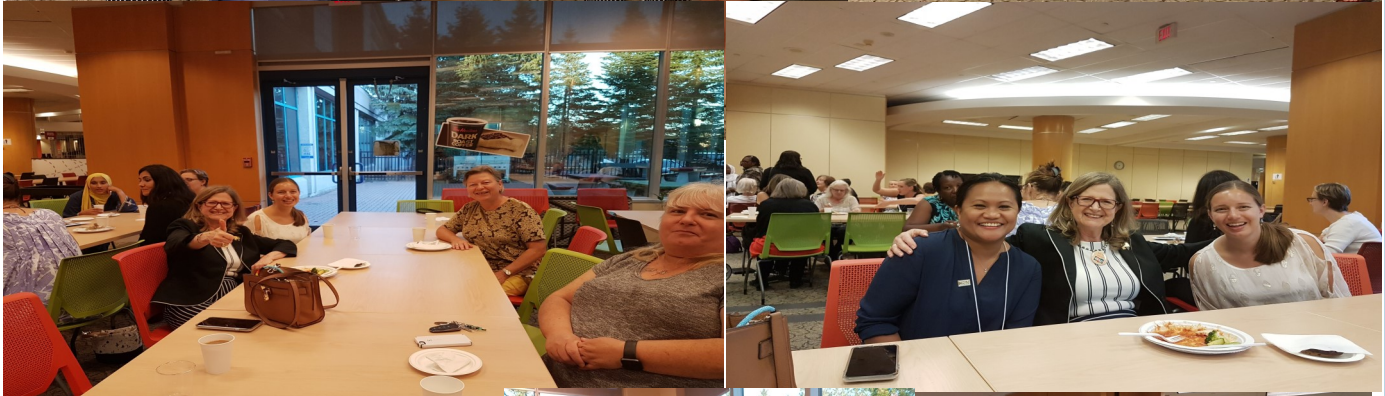
I joined RNAO when I graduated from Nightingale School of Nursing. I had known about RNAO since I was a little girl, my mother and her nursing colleagues were all members. I participated in RNAO activities as a student. RNAO leaders were again an influence when I was perusing a post RN BSCN. I have participated in RNAO in the communities where I have practiced. I decided when I retired it was time to, once again, take an active role and assumed the president of Region 10 when the elected president resigned. RNAO is a team at all levels and I am a committed member. My goals as a leader are transparency and commitment to meeting the needs of Nurses working on the front line. My hope is that any member or potential member feels comfortable in approaching our executive team with ideas for improvement or concerns.

Ellen Shipman



The Nursing Voice in Action as
Consultation Representatives at the
Annual AGM and at **The Breakfast with
the Politicians!**
One voice can make a Difference!

Sept Meeting and Awards! Bea Osome 40 years. Toba Miller 25 years, Anne Alsaffar 25 years



Election Callout!!! For RNAO Region 10 Executive!

As **2019** is an odd year the positions of :

President

Communications

Workplace Liaison

For more information on

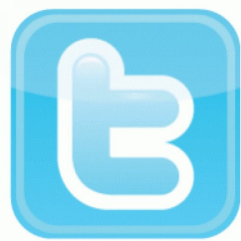
each of these positions refer to **Leadership Manual (link below) or ask an executive member for more information.**

This is a great learning opportunity for learning how RNAO operates and to increase your leadership role in your practice organization! **Our call out will be in April 2019!**

[https://myrnao.ca/sites/default/files/related-documents/3%](https://myrnao.ca/sites/default/files/related-documents/3%20)

“Speaking up for safe and evidence based nursing practice within an increasingly complex health care system. To support nurses and enhance the quality of patient care in Ottawa.”

Website: <https://chapters-igs.rnao.ca/chapter/53/about>



RNAO Board 2017-2018



Meetings 2019			
Date: Feb 27 Time: 1830h-2030hpm Location: Algonquin College Sim Lab & Debriefing room	Region 10 Membership Meeting	Tour of Algonquin College simulation labs Hosted by Carmen Hust	All Members
Date: Feb 20-22 Location: Toronto Chelsea Hotel	Assembly and Board	Queens Park Assembly for Communications and Policy	Policy and Political Action & Communications ENO's, President, Board Rep to attend
March 2019			
Date: March 14 Time: 1800h	Region 10 Executive meeting	Discuss Resolutions, AGM and Symposium	All Executive
Date: Mar 18 Time: 1830h Location: City of Ottawa: Mary Pitt Bldg- Jaguar Room	Region 10 Membership Meeting	Resolution Meeting Mandatory for all Consultative Reps	All Members
April 2019			
Date: APR 11-13 Location: Toronto Hilton	RNAO AGM	April 11 th -Opening Ceremonies April 12 th -AGM April 13 th - Interest Group AGM'S, Keynote Speaker to close event	Anyone can attend: Region 10 will send 14 Consultative Reps, President, Board Rep, and Student executive members.
May 2019			
May 6-12 is Nurses Week			
Date: May 10 Time: 0700-0900am Location: RA Centre: Clark Room Riverside Dr	Breakfast with the Politicians	Members from all 3 tiers of Government will be invited. Come and let your Nursing Voice be Heard!	All Members
Date: May 18 Dinner: 1800 Meeting: 1830-2000h	Region 10 Executive meeting	Planning Picnic on the Patio Discussion of one member one vote for ENO positions	All Executive
June 2019			
Date: June 17 Dinner: 1800h Meeting: 1830-2000h Location: Wendy Pearsons House at 53 Tiverton	Picnic on the Patio AGM	Discussion of Business Terms and Speakers for the following year.	All Members.
Date: June 22 Time: 0900-1500h	Region 10 Executive Planning Meeting	Planning 2019-2010 events	All Executive