

Fall/Winter Newsletter

Middlesex-Elgin Chapter

An update on what we have been up to and what to look forward to in the upcoming months!

MAINTAIN YOUR MEMBERSHIP!

**RENEW YOUR
MEMBERSHIP
HERE**

**COMPLIMENTARY RNAO
MEMBERSHIP FOR NEW GRADS**

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**CHECK OUT THE LATEST REPORT
ON RN EFFECTIVENESS**



MEMBERSHIP PROMOTION



Meet Your Executive Council!



President – Janet Hunt

Currently working in geriatric psychiatry as Clinical Nurse Specialist. Loves wilderness camping and swinging in her hammock.



Membership – Jennifer Bilbie

Long Term Care Consultant for Extendicare. Enjoys spending time with family and friends, travelling and cycling.



Communications – Jessica LaChance

Community health nurse, PhD student at Western University, proud dog-mom to Huxley.



Social Media – Joey Lawson

Community care RN with a passion for upstream preventative treatment.



Finance – Christine Liu

Public Health Nurse, MPH student at the University of Waterloo and mom to a happy baby boy.



Workplace Liason – Molyka Kong

NICU and Public Health Nurse. Foodie, fitness, friends and family first.



MScN student, paediatric critical care RN, travel enthusiast.



UWO Student Rep – Nicole Forster

Second year nursing student at Western University.



Fanshawe Student Rep – Victoria Rey

Second year nursing student at Fanshawe College, passionate about travelling and family



Region 2 Representative – Morgan Hoffarth

Announcements

Annual General Meeting

Held at Palasad South, the Annual General Meeting introduced new members of the executive, provided an update on the events of the past year and held brainstorming activities to get a sense of what our members would like to see from our chapter. Out of these activities, we generated great discussion and have several exciting events planned for the upcoming year, so stay tuned!

Long Service Award Recipients

Congratulations to this year's Long Service Award Recipients and thank you for your continued support in RNAO!

Member Emeritus - 40 years continuous membership:

Wendy Cherry-Truant
Carol Butler

25 year recipients:

Doris Noble
Gloria MacMillan
Mary Jane Wilk
Susan VanEerdewijk
Myrna Fisk
Phylis Nafziger

Upcoming Events

LGBTQ+ Workshop

November 26, 2018 | Western University | FIMS Building Room 3210

A workshop is being hosted by Western Fanshawe Nursing Student's Association with support of the RNAO Rainbow Nursing Interest Group and Middlesex-Elgin Chapter. This free learning event will provide insights on working with the LGBTQ+ population. Come on out for free pizza and dialogue around this important facet of nursing practice. No registration is required.

LAP Presentation

December 5, 2018 | 6:30-8pm | Fanshawe College

This event is being hosted in collaboration with LAP at Fanshawe College in "A" Building, Room A2010. LAP lawyer Mae Jane will be giving a presentation about **Violence and Harassment in the Workplace**. This event is free of charge and light refreshments will be provided. Please register by November 30, 2018.



Call for Submissions!

Have you met a RN, NP or nursing student in our chapter who has struck you as someone with a compelling story to tell? Is there a member you've known for many years who has always been engaged as a volunteer or someone who is always vocal on issues that are important to RNAO? We are looking for members whose stories will resonate with our readers, who have a particularly interesting story to share about their journey into and through the profession. **Please forward suggestions to Jessica at jlachan4@uwo.ca.**

Stay tuned for other events!

- Self-care Night
- Avenues of Nursing
- Mental Health BPG Workshop – March 27, 2019

JOIN US ON SOCIAL MEDIA



DO YOU HAVE AN IMPORTANT ANNOUNCEMENT?

Please direct any comments, ideas, or announcements to be included in the newsletter to: Jessica LaChance
Communications Executive
jlachan4@uwo.ca



Reflection from the RNAO General Assembly October 12 & 13, 2018

As the newest member of the executive of the Middlesex Elgin Chapter of RNAO, I am excited to provide my thoughts on this year's assembly where we were told to: **JUST DO IT!** I was inspired by nurses from many interest groups and chapter members who are influencing, informing, advocating, connecting, and protecting those living in Ontario. As a change agent working with the Middlesex Elgin Chapter, I hope that we can continue to inspire and transform nursing practice through sharing knowledge. This year we will be working in collaboration with: community organizations, Legal Assistance Program (LAP®), Pediatric Nursing, Mental Health Nursing, and Complementary Therapies Nurses' Interest Groups. Further information will be sent out, stay tuned.....

The Middlesex Elgin Chapter was represented by Morgan Hoffarth (Region 2 representative) and Janet Hunt (current president). They provided innovative suggestions to stimulate membership by working alongside different interest groups and community organizations.



Morgan Hoffarth, Region 2 Representative, second from left (photo above). Janet Hunt, Chapter President speaking during Members Voices at the assembly (photo right).



Innovative Use of Technology

The RNAO is currently working to update the website to a single sign on that allows users to access the member portal, interest groups, and the Registered Nurse Journal (RNJ).

Recommendations were provided for using the online conference: www.Zoom.us.com. This site provides reliability, quality, ease of use, affordability training material, and self-reliance.

The website is free for 40minute blocks and can be used for live training, video conferences, Webinars, videos and screen sharing.

The RNAO is also changing the format of the RNJ from printed copy to online. Those wishing to opt out of the print copy may do so at the bottom of any current RNJ e-mail.

Preferences

Want to change the way you receive future issues of *Registered Nurse Journal*?

[Update your preferences](#)

Membership Drive

RNAO is offering a free copy of *Transforming Nursing Through Knowledge* until October 31, 2018, if you recruit two new RN/NP members who have never been an RNAO member before or who have not been a member in the last two years. Further information about membership can be found at <https://nao.ca/connect>. If you are interested in holding an event at Western, Fanshawe College or your workplace, please contact me at jbilbie@hotmail.com.



Jennifer Bilbie RN BScN MCISc

Middlesex Elgin Chapter Membership Office