Registered Nurses' Association of Ontario(RNAO) Region 7 Thursday, August 10,2017 Teleconference 7-8:PM

Chair: Lhamo Dolkar Recorder: Sonia Chin

Regrets: Krisel, Claudette, Andria, Lavern, Petrina and Lorraine Present: Lhamo, Sonia, So-Yan, Janson, Farhana, Angel, Michelle

1. Welcome Everyone

Statement of Conflict of Interest: None stated

- 2. Review of the Agenda and last meeting minutes: Approved
- 3. Business Arising
 - 3.1 Upcoming Fall Event, 2017 Update about speakers. General discussion ensued about enlisting a speaker for the event. The Committee has not been able to get a speaker yet and waiting for a reply from Paula. If we are not able to obtain a speaker by August 17,2017, alternate plans will be arranged for the event.

There was a suggestion that the Speaker should be for about 30 minutes.

Lhamo asked for suggestions to engage the participants in relation to the Theme for the evening which is "Self - Care"

Suggestions were as follows:

Individuals can share/show what they do for self-care

Door prizes can be provided with Self Care in mind

Arrange tables in a circular format and have games available

Activities such as craft, colouring books, crayons.

Lhamo suggested that we can decide on how to divide up the Roles for planning the event.

- MC –Lhamo
- Lhamo will ask So-Yan or Claudette to thank May for her contribution to Region 7
- Room arrangement- Lhamo, Sonia, Janson (Janson will contact Thornhill C.C. to assist with the room set up).
- Activities for Tables- Janson, Michelle, Angel and Lhamo
- Food- Michelle

Janson is a back-up to pick up Food if it cannot be delivered Farhana – drinks, serviettes, plates, cutlery, cups, table cloths

- Door prizes- Angel
- May's gift Michelle
- Registration table- Students will be asked to do this Role. If students cannot do this role, others present will volunteer.
- Flyer- Lhamo will design and post on website for Registration purposes
- Event time: 6:30PM-8:00PM
- 3.2 Lhamo suggested that Committee members can register for Assembly Session in September and contact So-Yan to see if the cost can be covered by Region 7
- 4.0 New Business

4.1 Flyer for the September event will be designed by Lhamo and posted on the website in the near future

5.0 Standing Items

- 5.1 BOD's Rep Lhamo shared that the RNAO banner has been ordered and So-Yan is aware of the cost.
 - Lhamo shared that her manager at St. Mike's wants her to arrange a talk about the benefits of RNAO membership during a Membership drive. Lhamo will be asking the Membership Rep to assist.
- 5.2 Immediate Past BOD Rep –Claudette deferred
- 5.3- Treasurer So-Yan shared that the Professional Development Fund received from Head Office was \$17,000 and Region 7 has a balance of \$20,735. Angel asked So-Yan to fund the Membership Drive at Ryerson and So-Yan asked Angel to

submit

a budget.

- 5.4- Political ENO- Farhana –no updates
- 5.5- Membership Rep- Angel will be having a Membership Drive on September 11,2017 at Ryerson. Angel will contact So-Yan about funding the food budget for the Membership Drive.
- 5.6 Assembly Rep Sonia shared that she will be sending out a notice about the Membership Drive to the RN's. NP's and Students in her office
- 5.6 Workplace Liaison- Andria, Lavern- deferred
- 5.7- Communications Krisel deferred
- 5.8- ATP Lead Janson no updates
- 5.9 Student Reps- Petrina and Lorraine deferred

6.0 - Other

General Discussion ensued about our next Meeting. There were suggestions for a meeting at the Assembly booked for September 15&16,2017. Since all the executives may not be at the Assembly event, there was another suggestion to have the next meeting as a part of the Fall Event on September 21, 2017 at Thornhill Community Centre.

Lhamo will update the Region 7 Executive via email prior to the next Face-to-Face meeting at Thornhill Community Centre, September 21,2017 at 5:30PM

Look out for Flyer and how to register on the website.